

Resonate Now

August 2020

Hello everyone!

My name is Jude Sweeting. I was christened 'Judith' at the request of my bible loving grandmother but have been known as Jude ever since the release of 'Hey Jude' way back in 1968 when I was 14 years old. I've had a quite a life since then – much of it exploring sociability, creativity and arty things with older people, and I'm delighted to have this opportunity to introduce myself to those of you I have not already met - and to give a cheery wave to one and all!

I started working closely with Westminster Arts in 2001 helping to develop what became the Resonate programme and then Resonate Arts in 2009. I became Chair of the Board of Trustees in June 2014, supporting Kath in her role as Director.

I know that many of you will be feeling the wrench of having Kath leave her job with us, seemingly too soon, after eleven years of passionate commitment to bringing art joyfully to life for hundreds of people.

Kath sends a big **'thank you'** to all those who contributed to her leaving gifts and is deeply appreciative for all the generosity, 'doorstep messages' and good wishes from the Resonate community.

Have you spotted that we have renamed our news/activity letter **'Resonate Now'**? We hope that the new title and the content will help you to keep 'resonating' through these times of social distancing – to Resonate means to:

prompt a shared belief or emotion with someone else and/or continue to have a powerful effect or value

I asked Kath if there was a 'happy song' she would like you to be 'resonating now' with and she said **'Bring Me Sunshine'**, find the lyrics on page 4 if you fancy a sing!

Happy Resonating!

Best wishes,

Jude and Julie

You can **contact us** on:

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Wight Spirit 1968 – 70

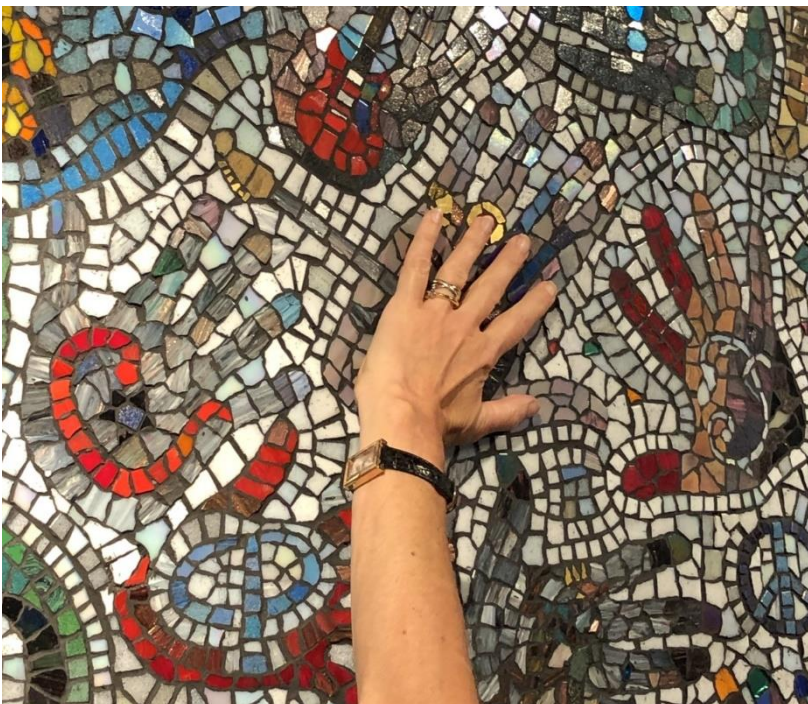
This month we were delighted to hold private tours for our Resonate community at the **Masterpiece Art** gallery, which is currently holding a celebratory exhibition, marking 50 years since the Isle of Wight 1970 festival. Visiting the exhibition gave us a brilliant opportunity to chat about music, the swinging sixties and counter culture. It also provided a chance to join in with a few moments of spontaneous dancing!

About the festival

The Isle of Wight 1970 festival was held between **26 and 31 August 1970** at Afton Down, on the western side of the Isle of Wight. It is estimated that around **600,000** people attended, which was a huge amount, around six times the size of the resident population! The festival created some controversy, as many of the local residents objected to the festival being held and it was under intensive public scrutiny. Initially, tickets were sold for the festival, but thousands of people descended on the small island to attend, and demanded that they were given free entry. They believed that you shouldn't have to pay for art!

Who played?

The festival featured a range of famous names including Joni Mitchell, The Who, Miles Davies and The Doors. Perhaps most well-known was guitarist **Jimi Hendrix**, pictured to the right.



The exhibition features a beautiful mosaic panel created by artist **Guy Portelli** (see it in full on page 3). The panel features the handprints of various artists who played at the festival. Jimi Hendrix's hands were very large, as one Resonater found out when they attended the exhibition!

If you look very closely, you might see their hand resting within the outline of Hendrix's handprint.

A tour of the gallery

The exhibition is open until 5th September (more details on the final page). However, if you're not able to visit in person, take a look at our mini tour below!



This beautiful mosaic panel features over 100 handprints of some of the musicians and key people connected to the 1968-70 festivals. The panel took artist Portelli nearly 3 years to complete!

Try spotting the circular tiles which say 68,69,70!

Wight Spirit by Guy Portelli | image Victoria Hansen

The exhibition features a number of photographs by **Charles Everest** who captured the magic of the festival from behind the scenes.



This sculpture features the folk and pop singer Melanie Safka

Can you see the rainbow reaching from the dove?

Do you have any favourite songs from the 1960/70s? Here are a few suggestions to get you started:

- *It's now or never* by Elvis Presley
- *She loves you* by The Beatles
- *Sittin' On the Dock of the Bay* by Otis Redding
- *Pretty Woman* by Roy Orbison

If you would like to create your own **mini-mosaic** at home, follow artist Sam Haynes steps below!

Step 1: Using a pencil or pen, draw around the outline of your hand on a piece of paper, and then cut it out.

Step 2: Using coloured paper, newspaper or cardboard that you might find at home, cut out or rip the paper into several shapes. Look for complementary or contrasting colours, whatever you prefer!

Step 3: Arrange the shapes across the hand. You might want to add an extra design in the palm of the hand, such as the yellow circle you see in the example.

Step 4: You can experiment with the shapes and colours and when you're happy, if you have glue to hand you can stick it down.

Do send us pictures of your hand mosaics if you like!



Finally, here's the classic Morecambe and Wise song for you to sing, at Kath's request!

Bring me Sunshine

Bring me sunshine, in your smile
Bring me laughter, all the while
In this world where we live
There should be more happiness
So much joy you can give
To each brand new bright tomorrow

Make me happy, through the years
Never bring me, any tears
Let your arms be as warm
As the sun from up above
Bring me fun, bring me sunshine
Bring me love

What's On

- The 'Wight Spirit 1968-70' exhibition is open until 5th September, at 3 Norland Place, W11 4QG. If you would like to visit the exhibition, please do **book** in advance by calling **Alex** on 020 3946 7881. All staff will be practising social distancing at the gallery.
- Singing for the Brain are welcoming new people to join their online **Zoom** sessions. The sessions run on a **Tuesday** afternoon, from **3-4pm**. For more information, please **contact Alexandra**, on 07483 137 522 or alexandra.barton@alzheimers.org.uk