

Events and groups in Kensington & Chelsea, April 2019

All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers

Monday 1st April 10.15am-12.30pm Dance for Dementia with Rambert

99 Upper Ground, SE1 9PP. All abilities welcome. Wear loose clothing and soft-soled shoes. For info and to enroll, contact **Sophie**, 020 3053 3325 or sophieknowles@rambert.org.uk

Tuesday 2nd April 1-3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. **This month:** Visit from the Science Museum. A light lunch is provided, all welcome. For more information contact **Mandy** on 0203 1810002.

Monday 8th April 2-4pm Rainbow Memory Café Tavis House

1-6 Tavistock Square, WC1H 9NA. This LGBTQ café offers a social environment and safe place for peer support. For more information contact **Sally** in advance, sally.knocker@openingdoorslondon.org.uk

Tuesday 9th April 1.30pm-3.30pm Sporting Reminiscence Session at Lord's Cricket Ground,

Grace Entrance, St. John's Wood Road, NW8 8QN. **This month:** films from the 40s and 50s Free to attend but booking is essential, to book call Yvonne on 0207 616 8589 or community@mcc.org.uk

Friday 12th April 2.30-4pm Music for the Moment Concert Wigmore Hall

36 Wigmore Street, Marylebone, W1U 2BP. Recital by soprano Amy Strachan accompanied by Seungwon Lee (piano) from the Royal Academy of Music. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required. For more information contact **Kathryn** on 020 7321 2702 or kathryn@resonatearts.org

Saturday 13th April 3-4.15pm Songhaven Concert at St Paul's Knightsbridge

32A Wilton Place, SW1X 8SH. Join us for a concert by mezzo-soprano Claire Eadington, tenor Samuel Jenkins, and pianist John Cuthbert followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit www.songhaven.co.uk

Wednesday 17th April 2-4pm Discover the Wallace Collection

Manchester Square, W1U 3BN. Experience the Wallace Collection through interactive tours, discussion, object handling, and art and craft. Tea & coffee provided. Booking essential, call Vanessa on 020 7563 9577 or email community@wallacecollection.org

Monday 22nd April 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** *The African Queen* £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. Call for more info 0871 902 5731

Friday 26th April 1-3pm My Memories Café South at Cremorne Clubroom

Millman's Street, SW10 0BY. A light lunch is provided, all welcome. For more info contact **Mandy** at Age UK on 0203 1810002.

Monday 29th April 11am-12.30pm InMind at Royal Academy of Arts Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Contact events.lectures@royalacademy.org.uk or 020 7300 5839 for cancellations, or to register interest in **Resonate Arts'** allocation contact **Emma** on 020 7321 2702

NEW! Monday 29th April 2-3.30pm A Closer Look tour at the Victoria and Albert Museum

Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. **Meeting Point:** Sackler Centre, entrance from Exhibition Road. Free, booking essential call 020 7942 2000 or email bookings.office@vam.ac.uk

Tuesday 30th April 3-4.30pm Hymns and Pimms Grosvenor Chapel

24 South Audley Street, W1K 2PA. No need to book, just turn up! Contact **Lis** on 07910 451872 or lis.hasted@grosvenorchapel.org.uk

Mondays, weekly 11.30am-12.30pm Music Therapy at Royal Albert Hall,

Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Elaine** on 07553 103599 or [email elaine.mcgregor@nordoff-robbins.org.uk](mailto:email.elaine.mcgregor@nordoff-robbins.org.uk)

Mondays, weekly (except 22nd) 1-2pm, Lunchtime concerts at St Peter's Church

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

8th April Peter Cigleris (clarinet) Dominic John (piano)

15th April Nicholas Bootiman (Viola) Dominic John (Piano)

29th April Elizabeth Jirickova (Violin) *Janacek Sonata* Shing Kwan Leung (Violin) *Prokofiev Sonata No. 2*

Tuesdays, weekly from 9th April 3-4.30pm Singing for the Brain® at St Peter's Church,

Kensington Park Road, London W11 2PN. To book your place, contact **Alexandra** on 020 8563 0001 or 07483 137 522 or hammersmith-fulham@alzheimers.org.uk

Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's

Wood. Booking essential, please call 020 7286 5181 or sfm@ljs.org

*List compiled by **Emma** at Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 MAndrews@aukc.org.uk*

Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / emma@resonatearts.org