

Events and groups in Kensington & Chelsea, July 2019

All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers

Tuesday 2nd July 1-3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. **This month:** *Opera Holland Park*. A light lunch is provided, all welcome. Contact **Mandy** on 0203 1810002

Monday 8th July Rainbow Memory Café Tavis House 1-6 Tavistock Square, WC1H 9NA.

This is a monthly group meeting for lesbian, gay, bisexual and trans people living with dementia or concerned about their memory and their carers to come together for peer support, talks and social activities. Contact **Sally** in advance 020 7239 0400 or sally.knocker@openingdoorslondon.org.uk

Tuesday 9th July 1.30pm-3.30pm Sporting Reminiscence Session at Lord's Cricket Ground, Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend but booking is essential, to book call **Yvonne** on 0207 616 8589 or community@mcc.org.uk

Thursday 18th July 2.30-4pm Music for the Moment Concert, Wigmore Hall

36 Wigmore St, Marylebone, W1U 2BP. Recital by *FIGO*, an emerging chamber group from the Royal Academy of Music. FIGO uses either original or replica period instruments and their interpretation is shaped by 17th and 18th century performance practice and ideals. Refreshments served from 2.30pm, concert at 3pm. Free- tickets required, call **Wigmore Hall Box Office** on 020 79352141. For more information contact **Resonate Arts** on 020 7321 2702

Monday 22nd July 11am-12.30pm InMind at Royal Academy of Arts Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Contact events.lectures@royalacademy.org.uk or 020 7300 5839 for cancellations, or to register interest in **Resonate Arts'** allocation contact **Emma** on 020 7321 2702

Wednesday 24th July 2-4pm Discover the Wallace Collection, Manchester Square, W1U 3BN. Experience the Wallace Collection through an interactive tour, object handling, and art and craft. This month: *Travel, the Countryside and Imagined Places*. Tea & coffee provided. Booking essential, call **Vanessa** on 020 7563 9577 or community@wallacecollection.org

Friday 26th July 1-3pm My Memories Café South at Cremorne Clubroom

Millman's Street, SW10 0BY. This month: *The Science Museum* A light lunch is provided, all welcome. Contact **Mandy** on 0203 181 0002

Saturday 27th July 3-4.15pm Songhaven Concert at St Paul's Knightsbridge

32A Wilton Place, SW1X 8SH. Join us for a concert followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit www.songhaven.co.uk

Monday 29th July 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** *Pillow Talk* £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. For more info 0871 902 5731

Monday 29th July 2-3.30pm A Closer Look tour at the Victoria and Albert Museum

Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. **Meeting Point:** Sackler Centre, Exhibition Road, SW7 2PA. Free, to book call 020 7942 2000 or email bookings.office@vam.ac.uk

Tuesday 30th July 3-4.30pm Hymns and Pimms Grosvenor Chapel

24 South Audley Street, W1K 2PA. No need to book, just turn up! Contact **Lis** on 07910 451872 or lis.hasted@grosvenorchapel.org.uk

Mondays, weekly 10.15am-12.30pm Dance for Dementia with Rambert

99 Upper Ground, SE1 9PP. All abilities welcome. Wear loose clothing and soft-soled shoes. For info and to enroll, contact **Sophie**, 020 3053 3325 or sophieknowles@rambert.org.uk

Mondays, weekly 11.30am-12.30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Elaine** on 07553 103599 or email elaine.mcgregor@nordoff-robbins.org.uk

Mondays, weekly 1-2pm, Lunchtime concerts at St Peter's Church

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

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| 1st July | Daniel Hill (Piano) |
| 8th July | Daisy Vatalaro (Cello) |
| 15th July | Neil Georgeson (Piano) |
| 22nd July | Alpas Ensemble, Daniel Shao (Flute) Morag Robertson (Viola) Elizabeth Bass (Harp) |

Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's

Wood. Booking essential, please contact **Mary** on 020 7286 5181 or sfm@ljs.org

*List compiled by **Emma** at Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 MAndrews@aukc.org.uk*

****Date for your diary**** Resonate Arts' *Summer Soirée* returns on **Wednesday 14th August 3.30-5pm** at St Cuthbert's Centre, Earls Court. We'd love you to be there! More details to follow...

Monthly listings are available in Westminster and Kensington & Chelsea. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / emma@resonatearts.org