

Events and groups in Kensington & Chelsea, May 2019

All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers

Friday 3rd May 2.30-4pm Music for the Moment Concert St Marylebone Parish Church

17 Marylebone Rd, NW1 5LT. Recital by *Megumi Tanimura (violin)* from the Royal Academy of Music. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required. For more information contact **Emma** on 020 7321 2702 or emma@resonatearts.org

Tuesday 7th May 1-3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. **This month:** A mini concert with *Sunshine Lo* (harpist). A light lunch is provided, all welcome. Contact **Mandy** on 0203 1810002

Monday 13th May 2-4pm Rainbow Memory Café Tavis House 1-6 Tavistock Square, WC1H 9NA

This LGBTQ café offers a social environment and safe place for peer support. Contact **Sally** in advance on 020 7239 0400 or sally.knocker@openingdoorslondon.org.uk

Tuesday 14th May 1.30pm-3.30pm Sporting Reminiscence Session at Lord's Cricket Ground,

Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend but booking is essential, to book call **Yvonne** on 0207 616 8589 or community@mcc.org.uk

Saturday 18th May 3-4.15pm Songhaven Concert at St Paul's Knightsbridge

32A Wilton Place, SW1X 8SH. Join us for a concert by *mezzo-soprano Claire Eadington, tenor Samuel Jenkins, and pianist John Cuthbert* followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit www.songhaven.co.uk

Monday 20th May 11am-12.30pm InMind at Royal Academy of Arts Burlington Gardens

entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Contact events.lectures@royalacademy.org.uk or 020 7300 5839 for cancellations, or to register interest in **Resonate Arts** allocation contact **Emma** on 020 7321 2702

Tuesday 21st May 2-4pm Gamelan Workshop at Southbank Centre, Royal Festival Hall,

Belvedere Road, SE1 8XX. Come to play on a beautiful Javanese percussion orchestra known as Gamelan. Booking essential, contact **Terezie** on 07540 502 379 or terezie.wickenden@londoncare.co.uk

Wednesday 22nd May 2-4pm Discover the Wallace Collection Manchester Square, W1U 3BN.

Explore *Henry Moore: The Helmet Heads* and discover more about armour head pieces and masks. Tea & coffee provided. Booking essential, call **Vanessa** on 020 7563 9577 or email community@wallacecollection.org

Thursday 23rd May 2.30-4.45pm Classical Concert with Afternoon Tea HTB Onslow Square - St

Pauls, 44 Onslow Square, Kensington, SW7 3NX. *Elena Urioste (violin) and Tom Poster (piano)* Doors open at 2.30pm, concert 3pm. No need to book but get there early for a seat!

Monday 27th May 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** *Love Me or Leave Me*
£4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. Call for more info 0871 902 5731

Monday 27th May 2-3.30pm A Closer Look tour at the Victoria and Albert Museum

Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. **Meeting Point:** Sackler Centre, entrance from Exhibition Road, SW7 2PA. Free, booking essential call 020 7942 2000 or email bookings.office@vam.ac.uk

Tuesday 28th May 3-4.30pm Hymns and Pimms Grosvenor Chapel

24 South Audley Street, W1K 2PA. **This month:** *Gardens & Gardening* No need to book, just turn up! Contact **Lis** on 07910 451872 or lis.hasted@grosvenorchapel.org.uk

Friday 31st May 1-3pm My Memories Café South at Cremorne Clubroom

Millman's Street, SW10 0BY. **This month:** *A visit from the Reader*. A light lunch is provided, all welcome. Contact **Mandy** on 0203 1810002

Mondays, weekly 11.30am-12.30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Elaine** on 07553 103599 or email elaine.mcgregor@nordoff-robbins.org.uk

Mondays, weekly 10.15am-12.30pm Dance for Dementia with Rambert

99 Upper Ground, SE1 9PP. All abilities welcome. Wear loose clothing and soft-soled shoes. For info and to enroll, contact **Sophie** 020 3053 3325 or sophie.knowles@rambert.org.uk

Mondays, weekly (except 27th) 1-2pm, Lunchtime concerts at St Peter's Church

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

6th May Izabela Stocka (violin), Athena Hawksley-Walker (violin)

13th May Alinka Rowe (viola), Angus Webster (piano)

20th May Simon Wallfisch (baritone)

Tuesdays, weekly (except 21st) 3-4.30pm Singing for the Brain® Alzheimer's Society

Tuesday 7th at St Vincent's House, 49 Queen Caroline Street, W6 9QH. 14th & 28th May at St Peter's Church, Kensington Park Road, W11 2PN. Contact **Alex** on 020 8563 0001/ 07483 137 522 hammersmith-fulham@alzheimers.org.uk

Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's Wood. Booking essential, please contact **Mary** on 020 7286 5181 or sfm@ljs.org

List compiled by **Emma** at Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 MAndrews@aukc.org.uk Monthly listings are available in Westminster and Kensington & Chelsea. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / emma@resonatearts.org