

## Events and groups in Kensington & Chelsea, August 2019

*All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers*

### **Tuesday 6<sup>th</sup> August 1-3pm My Memories Café North at St Peter's Church**

Kensington Park Road, W11 2PN.

**This month:** *Carnival arts activity with Julia from Resonate Arts.* A light lunch is provided, all welcome. Contact **Mandy** on 0203 1810002

### **Tuesday 6<sup>th</sup> August 1.30pm-3.30pm Sporting Reminiscence Session, Lord's Cricket Ground**

Grace Entrance, St. John's Wood Road, NW8 8QN.

Free to attend but booking is essential, to book call **Yvonne** on 0207 616 8589 or [community@mcc.org.uk](mailto:community@mcc.org.uk)

### **Monday 12<sup>th</sup> August 2-4pm Rainbow Memory Café Tavis House**

1-6 Tavistock Square, WC1H 9NA.

This is a monthly group meeting for lesbian, gay, bisexual and trans people living with dementia or concerned about their memory and their carers to come together for peer support, talks and social activities. Contact **Sally** in advance 020 7239 0400 or [sally.knocker@openingdoorslondon.org.uk](mailto:sally.knocker@openingdoorslondon.org.uk)

### **Wednesday 14<sup>th</sup> August 3.30-5.30pm Resonate Arts' Summer Soirée**

St Cuthbert's Centre, 51 Philbeach Gardens, Earl's Court, SW5 9EB.

We'd love you to join us for music, entertainment and delicious refreshments. To book your place contact **Julie** 020 7321 2702 or [julie@resonatearts.org](mailto:julie@resonatearts.org)

### **Monday 19<sup>th</sup> August 11am-12.30pm InMind at Royal Academy of Arts**

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET.

Tea, art making and conversation about art works. Contact [events.lectures@royalacademy.org.uk](mailto:events.lectures@royalacademy.org.uk) or 020 7300 5839 for cancellations, or to register interest in **Resonate Arts'** allocation contact **Emma** on 020 7321 2702

### **Thursday 22 August 2-5pm Carnival Party**

Portobello Green Canopy on the corner of Portobello Road and Thorpe Close

Age UK Kensington and Chelsea is pleased to invite you to a first Carnival Party with live soca and calypso music and dancing, including Steelpan performance and delicious Caribbean food.

**RSVP** by Friday 15th August, to Events Team on 020 8969 9105 or email [event@aukc.org.uk](mailto:event@aukc.org.uk)

### **Saturday 24<sup>th</sup> August 3-4.15pm Songhaven Concert at Lumen, Bloomsbury**

88 Tavistock Place, London, WC1H 9RS

Join us for a concert followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit [www.songhaven.co.uk](http://www.songhaven.co.uk)

**Monday 26<sup>th</sup> August 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema**

87 Notting Hill Gate, Kensington, W11 3JZ.

**This month:** *Grease* £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. For more info 0871 902 5731

**Monday 26<sup>th</sup> August 2-3.30pm A Closer Look tour at the Victoria and Albert Museum.**

**Meeting Point:** Sackler Centre, Exhibition Road, SW7 2PA.

Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. Free, to book call 020 7942 2000 or email [bookings.office@vam.ac.uk](mailto:bookings.office@vam.ac.uk)

**Wednesday 28<sup>th</sup> August 2-4pm Discover the Wallace Collection**

Manchester Square, W1U 3BN. Experience the Wallace Collection through an interactive tour, object handling, and art and craft. This month: *Fantastic Fashion at the Wallace Collection*. Tea & coffee provided. Booking essential, call **Vanessa** on 020 7563 9577 or [community@wallacecollection.org](mailto:community@wallacecollection.org)

**Friday 30<sup>th</sup> August 1-3pm My Memories Café South at Cremorne Clubroom**

Millman's Street, SW10 0BY. This month: *A dance session with Julie from Resonate Arts*. A light lunch is provided, all welcome. Contact **Mandy** on 0203 181 0002

**Mondays, weekly (no session 26 August) 11.30am-12.30pm Music Therapy**

**Royal Albert Hall** Door 3, Kensington Gore, SW7 2AP.

Open group, no need to register. For more information contact **Elaine** on 07553 103599 or email [elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk) 5/12/19

**Tuesdays, weekly 2.15-4pm Singing for the Brain® Alzheimer's Society**

Action Disability Kensington & Chelsea, Whitstable House, Silchester Road, London W10 6SB. To book your place, contact **Alex** on 020 8563 0001 / 07483 137 522 or [hammersmith-fulham@alzheimers.org.uk](mailto:hammersmith-fulham@alzheimers.org.uk)

**Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue**

St John's Wood. Booking essential, please contact **Mary** on 020 7286 5181 or [sfm@ljs.org](mailto:sfm@ljs.org)

List compiled by **Julie** at Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 [MAndrews@aukc.org.uk](mailto:MAndrews@aukc.org.uk)

Monthly listings are available in **Westminster and Kensington & Chelsea**. Please contact **Emma** for more information or if you would like to be added to our mailing list: 020 7321 2702 / [emma@resonatearts.org](mailto:emma@resonatearts.org)