

Events and groups in Kensington & Chelsea, September 2019

All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers

Tuesday 3rd September 1-3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. A light lunch is provided, all welcome. Contact **Mandy** on 0203 1810002 or mandrews@aukc.org.uk

Monday 9th September 2-4pm Rainbow Memory Café Tavis House

1-6 Tavistock Square, WC1H 9NA. This is a monthly group meeting for lesbian, gay, bisexual and trans people living with dementia or concerned about their memory and their carers to come together for peer support, talks and social activities. Contact **Sally** in advance 020 7239 0400 or sally.knocker@openingdoorslondon.org.uk

Tuesday 10th September 1.30pm-3.30pm Memories Match at Lord's Cricket Ground

Grace Entrance, St. John's Wood Road, NW8 8QN. Watch the Middlesex v Durham County Championship match and join activities offered by Sporting Memories Network and Open Age. Gate opens at 10am, match begins at 11am. Free to attend but booking is essential, contact Yvonne on 0207 616 8589 or community@mcc.org.uk

Tuesday 17th September, 11am-1pm. The Musical Mosaics, Leighton House Museum

12 Holland Park Road, London W14 8LZ. This workshop is inspired by Leighton's Arab Hall and aims to translate the rich and unique design of the room into a piece of music created by the participants. To book please contact **Jana** jana.haragalova@rbkc.gov.uk or 079 7094 4400

Wednesday 18th September 2-4pm A visit to the Royal Mews

The Royal Mews, Buckingham Palace Road, London, SW1W 0QH. This interactive workshop will explore the Royal Mews and its role in supporting historic royal events. A guided wander through the Mews will look at the historic carriages, followed by a handling session in our learning rooms. **Please book** by calling 0303 123 7324

Monday 23rd September 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** *Mary Poppins Returns* £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. For more info 0871 902 5731

Monday 23rd September 11am-12.30pm InMind at Royal Academy of Arts

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. To book contact, access@royalacademy.org.uk or 020 7300 5732 or to register interest in **Resonate Arts'** allocation contact **Emma** on 020 7321 2702

Tuesday 24th September 3-4.30pm Hymns and Pimms Grosvenor Chapel

24 South Audley Street, W1K 2PA. **This month's theme:** *Harvest festival*. No need to book, just turn up. Contact **Lis** on 07910 451872 or lis.hasted@grosvenorchapel.org.uk

Thursday 26th September 3-4.15pm Songhaven Concert at St Paul's Knightsbridge

32A Wilton Place, SW1X 8SH. Join us for a concert celebrating *BBC Music Day* followed by afternoon tea. Free, **booking essential** call 020 7201 9999 or visit www.songhaven.co.uk

Friday 27th September 2.30-4pm Music for the Moment Concert at St Marylebone Parish Church
17 Marylebone Rd, NW1 5LT. This month's recital is with flautist Sally Palmer. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required. For more information contact **Resonate Arts** on 020 7321 2702 or kathryn@resonatearts.org

Friday 27th September 1-3pm My Memories Café South at Cremorne Clubroom
Millman's Street, SW10 0BY. **This month:** Opera Holland Park. A light lunch is provided, all welcome. Contact **Mandy** on 0203 181 0002

Monday 30th September 2-3.30pm A Closer Look tour at the Victoria and Albert Museum
Meeting Point: Sackler Centre, Exhibition Road, SW7 2PA. Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. Free, to book call 020 7942 2000 or email bookings.office@vam.ac.uk

Weekly Sessions

Mondays, weekly 10.15am-12.30pm Dance for Dementia with Rambert
99 Upper Ground, SE1 9PP. All abilities welcome, no previous dancing experience necessary. Wear loose clothing and soft-soled shoes. For information and **to enroll**, contact 020 3053 3325 or learning@rambert.org.uk

Mondays, weekly (16th, 23rd, 30th)1-2pm, Lunchtime concerts at St Peter's Church
Kensington Park Road, W11 2PN. Free concerts, open to anyone.
16th September Bartholdy Trio: *Sophie-Louise Phillips (violin) Dayana Harizanova (cello) Cason Kang (piano)*
23rd September Conova Trio: *Constantin Riccardi (violin) Nora Braun (cello) Vasilis Alevizos (piano)*
30th September Icknield Piano Trio: *Anna le Hair (piano) Arwen Newband (violin) Sarah Boxall (cello)*

Mondays, weekly (no session 16th September) 11.30am-12.30pm Music Therapy
Royal Albert Hall Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Jose** 07553 103599 or jose.alor@nordoff-robbins.org.uk

Tuesdays, weekly 2.15-4pm Singing for the Brain® Alzheimer's Society
Action Disability Kensington & Chelsea, Whitstable House, Silchester Road, W10 6SB. To book your place, contact **Alex** on 020 8563 0001 / 07483 137 522 or hammersmith-fulham@alzheimers.org.uk

Wednesdays, weekly (no session 4th September) 11am-1pm Botanical Art Workshops
Chelsea Physic Garden, 66 Royal Hospital Road, SW3 4HS. Booking is essential. Call **Peggy** on 0777 578 4520 or creatingwithdementia@gmail.com

Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's Wood. Booking essential, please contact **Mary** on 020 7286 5181 or sfm@ljs.org

List compiled by Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 / MAndrews@aukc.org.uk

Monthly listings are available in **Westminster and Kensington & Chelsea**. Please contact **Emma** for more information or if you would like to be added to our mailing list:
020 7321 2702 / emma@resonatearts.org