

Events and groups in Westminster, June 2019

All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers

Tuesday 4th June 10.30am-1.15pm Come and Sing!

Wigmore Hall, 6 Wigmore Street, Marylebone W1U 2BP. Join us for a lively singing session, refreshments included. Free but booking essential via **Julie** at Resonate Arts on 020 7321 2702 or julie@resonatearts.org

Wednesday 5th June 2.30pm-4.30pm Westminster Memory Café South

Victoria Medical Centre, 29 Upper Tachbrook Street, SW1V 1SN. **This month:** *Join Harpist Sunshine Lo for a concert.* Contact **Terezie** for more info on 07540 502379 or terezie.wickenden@londoncare.co.uk

Friday 7th June 1-3pm Art Workshop at Saatchi Gallery Saatchi Gallery, Duke of York HQ, Kings Road, SW3 4RY. Creative session exploring painting and drawing techniques. Refreshments and art materials provided. Book via **Peggy** 0777 578 4520 or creatingwithdementia@gmail.com

Monday 10th June 2-4pm Rainbow Memory Café Tavis House

1-6 Tavistock Square, WC1H 9NA. This LGBTQ café offers a social environment and safe place for peer support. Contact **Sally** in advance 020 7239 0400 or sally.knocker@openingdoorslondon.org.uk

Tuesday 11th June 1.30pm-3.30pm Sporting Reminiscence Session at Lord's Cricket Ground

Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend but booking is essential, to book call **Yvonne** on 0207 616 8589 or community@mcc.org.uk

Friday 14th June 2.30-4pm Music for the Moment Concert St Marylebone Parish Church

17 Marylebone Rd, NW1 5LT. Recital by *Idex Brass*. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required. For more information contact **Emma** on 020 7321 2702 or emma@resonatearts.org

Tuesday 19th June 3-5pm Apollo 10 at the Science Museum

Exhibition Rd Kensington, DW7 2DD. A lively session to commemorate the first moon landing. Free but booking essential via **Julie** at Resonate Arts on 020 7321 2702 or julie@resonatearts.org

Monday 17th June 11am-12.30pm InMind at Royal Academy of Arts

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Fully booked but contact events.lectures@royalacademy.org.uk or 020 7300 5839 for cancellations, or to register interest in Resonate Arts' allocation contact **Emma** on 020 7321 2702

Saturday 22nd June 3-4.15pm Songhaven Concert at St Paul's Knightsbridge

32A Wilton Place, SW1X 8SH. Join us for a concert followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit www.songhaven.co.uk

Monday 24th June 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** *Casablanca* £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. For more info 0871 902 5731

Monday 24th June 2-3.30pm A Closer Look tour at the Victoria and Albert Museum

Join our specially trained Guides for a dementia-friendly tour of some of the V&A's most fascinating objects and the stories behind them. **Meeting Point:** Sackler Centre, Exhibition Road. Free, booking essential 020 7942 2000 or email bookings.office@vam.ac.uk

Tuesday 25th June 3-4.30pm Hymns and Pimms Grosvenor Chapel

24 South Audley Street, W1K 2PA. **This month:** *Italy*. No need to book, just turn up! Contact **Lis** on 07910 451872 or lis.hasted@grosvenorchapel.org.uk

Wednesday 26th June 1.30-4.30pm Video & Tea @ The Liberal Jewish Synagogue

28 St. John's Wood Road, NW8 7HA. **This month:** *Mamma Mia*
Soup on arrival then the film, followed by home-made tea and ice-cream. £2 donation. For more information contact **Mary** via 020 7286 5181 or communitycare@ljs.org

Wednesday 26th June 2.30-4.30pm Westminster Memory Café North 42 Westbourne Park

Road, W25PH. **This month:** *Intergenerational project*. Free, no need to book, just turn up. Contact **Terezie** on 07540 502379 or terezie.wickenden@londoncare.co.uk

Friday 28th June 2-3.30pm Art Workshop at Saatchi Gallery Saatchi Gallery, Duke of York HQ,

Kings Road, SW3 4RY. Book via **Peggy** 0777 578 4520 or creatingwithdementia@gmail.com

Mondays, weekly 11.30am-12.30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Elaine** on 07553 103599 or email elaine.mcgregor@nordoff-robbins.org.uk

Tuesdays, weekly 3-4.30pm Singing for the Brain® Alzheimer's Society

Tuesday 4th June at St Vincent's House, 49 Queen Caroline Street, W6 9QH. 11th, 18th, 25th June at St Peter's Church, Kensington Park Road, London W11 2PN. To book your place, contact **Alex** on 020 8563 0001 or 07483 137 522 hammersmith-fulham@alzheimers.org.uk

Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's

Wood. Booking essential, please call 020 7286 5181 or sfm@ljs.org

List compiled by **Resonate Arts**, a programme for people living with memory loss and dementia and **Terezie**, Dementia Advisor for Westminster 07540 502379

Monthly listings are available in **Westminster and Kensington & Chelsea**. Contact **Resonate Arts** for more info or to be added to the mailing list for either borough on **020 7321 2702** or emma@resonatearts.org