

Events and groups in Hammersmith & Fulham, August 2018

All the following events and weekly sessions are designed for or open to people with some memory loss and their carers.

Thursdays 2nd, 16th & 30th August 10.30am – 12pm Carers Peer Support Group

49 Queen Caroline Street, W6 9QH. For more info contact Alex on 020 8563 0001

A fortnightly group hosted by Alzheimer's Society providing a safe environment for carers to meet and share with others in a similar situation.

! LAST ONE! Tuesday 7th August 2.30- 4.30pm Singing for the Brain

Alzheimer's Society Hammersmith St Vincent's House, 49 Caroline Street, W6 9QH. For more information call Marcia 020 8563 0001/ Marcia.Pentney@alzheimers.org.uk

Monday 13th August 2-4pm Rainbow Memory Café

Tavis House, 1-6 Tavistock Square. Contact sally.knocker@openingdoorslondon.org.uk in advance or for more info. The new LGBTQ café offers a safe place for people to gain peer support in a social environment. In Camden, but open to anyone.

Tuesday 14th August 1.30 - 3.30pm Sporting Reminiscence at Lord's Cricket Ground

Grace Entrance, St. John's Wood Road, NW8 8QN. To book call Yvonne on 0207 616 8589. Free to attend but booking is essential. Sessions allow people to enjoy different areas of the ground and be in a friendly place to talk about sport, cricket, or whatever you wish.

Saturday 18th August 2- 4pm Saturday Café at St Vincent's

49 Queen Caroline Street, W6 9QH. For more info contact Alex on 020 8563 0001

Come along to socialise and receive support in an informal environment over a cup of tea - for both people with dementia and their carers.

Thursday 23rd August 3.30-5.30pm Resonate Arts Summer Soirée

St Cuthbert's Centre, 51 Philbeach Gardens, Kensington, London SW5 9EB. We invite you to join us in celebrating summer with an afternoon of musical delights with special guests and afternoon tea. For friends of Resonate Arts and loved ones, free but places limited.

Please call Emma on 020 7321 2702 or email emma@resonatearts.org to book a place

Saturday 25th August 3pm Songhaven Concert followed by afternoon tea

Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, WC1H 9RS. Free but booking is essential. To book, call 020 7278 1887 or visit www.songhaven.co.uk

Monday 27th August 10.30am, film 11am Dementia Friendly Screening at Gate Cinema
87 Notting Hill Gate, Kensington, W11 3JZ. All tickets £4, carers free with CEA card. For info call 0871 902 5731. Free refreshments from 10.30 am, film at 11am with an interval.
This month: *Mary Poppins (1964)*

Tuesday 28th August 2pm-4pm Discover the Wallace Collection
Manchester Square, W1U 3BN. Booking essential: call Edwina 020 7563 9577 or email community@wallacecollection.org. *Discover* is the Wallace Collection's programme for people living with the early stages of dementia and their friends and families. Tea & coffee provided.

Tuesdays weekly 10.45 – 11.45am Music for Memory at Age UK
Greyhound Road, 105 Greyhound Road W6 8NJ. For more information contact Peter on 0207 386 2657 or peter@ageukhf.org.uk A friendly meeting in which there is live music performed and singing is led and encouraged. Transport may be available. Free, no need to book.

Tuesdays weekly 11am – 12pm Nature in Art at Fulham Good Neighbours
70 Rosaline Rd SW6 7QT. For more information call 020 7385 8850 Free weekly drop-in art group for over 60s experimenting with drawing and painting techniques in a friendly and relaxed environment. All abilities welcome!

List compiled by Lucy and Emma at Resonate Arts, an arts programme for people living with memory loss and dementia

Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact us if you would like to be added to our mailing list

020 7321 2702 / lucy@resonatearts.org