

Events and groups in Hammersmith & Fulham, June 2018

All the following events and weekly sessions are designed for or open to people with some memory loss and their carers.

Tuesday 5th June 10am -1pm Come and Sing! At Wigmore Hall

36 Wigmore St, Marylebone, W1U 2BP. To book or for more info contact Kathryn on 020 7321 2702 / kathryn@resonatearts.org. A lively and fun taster singing session – no experience required.

Wednesday 6th June 2-4pm Afternoon Concert at Leighton House Museum

12 Holland Park Road, W14 8LZ. Free, but limited spaces – to book contact Lucy on 020 7321 2702 / lucy@resonatearts.org. Music and conversation with accordionist and Royal Academy of Music & Wigmore Hall performance fellow Iñigo Mikeleiz Berrade.

Friday 8th June 3-5pm Tour and afternoon tea at Emery Walker's House

7 Hammersmith Terrace, W6 9TS. Limited places and booking is essential, contact Lucy on 020 7321 2702/ lucy@resonatearts.org Join us for a bespoke tour of Emery Walker's fabulous Arts and Crafts home and afternoon tea in his riverside garden

Thursdays 14th & 28th June 10.30am – 12pm Carers Peer Support Group

49 Queen Caroline Street, W6 9QH. For more info contact Jess on 020 8563 0001
A fortnightly group hosted by Alzheimer's Society providing a safe environment for carers to meet and share with others in a similar situation.

Friday 15th June 2.30pm - 4pm Music for the Moment Concert

St Marylebone Parish Church, 17 Marylebone Rd, NW1 5LT. For more information contact Lucy on 020 7321 2702 or lucy@resonatearts.org This month's recital features Alice Poppleton on Baroque violin and students from Historical Performance department. Refreshments 2.30pm, concert at 3pm. Free - no ticket required.

Saturday 16th June 2- 4pm Saturday Café at St Vincent's

49 Queen Caroline Street, W6 9QH. For more info contact Jess on 020 8563 0001
Come along to socialise and receive support in an informal environment over a cup of tea - for both people with dementia and their carers. There is a small charge of £2 per person.

Tuesday 19th June 3-4.30pm Hymns and Pimms

Grosvenor Chapel, 24 South Audley Street, W1K 2PA. For more information contact Lis Hasted on 020 7499 1684 Come together to share friendship, singing and refreshment. No need to book, just turn up. Suggested donation £4.

Monday 25th June 10.30am, film 11am Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. All tickets £4, carers free with CEA card. For info call 0871 902 5731. Free refreshments from 10.30 am, film at 11am with an interval. This month: *There's no Business like Showbusiness*.

Saturday 30th June 3.30pm Songhaven Concert followed by afternoon tea

Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, WC1H 9RS. Free but booking is essential. To book, call 020 7278 1887 or visit www.songhaven.co.uk. The programme will feature a broad range of songs, arias, duets and singalongs. Followed by Afternoon Tea in the Lumen Cafe.

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Mondays weekly 10.15-12:30pm Dance for Dementia with Rambert

99 Upper Ground, SE1 9PP (behind National Theatre). Booking essential contact rosie.jeffery@rambert.org.uk or 020 8630 0616. Each workshop comprises of warm-ups, partner and group exercises, dance and a chance to explore steps from Rambert's repertoire to stimulate movement memory. Wear loose and comfortable clothing.

Mondays weekly 11.30am – 12:30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. For more info contact Elaine on 07553 103599 or email elaine.mcgregor@nordoff-robbins.org.uk Open group, no need to register.

Tuesdays weekly 10am – 12pm Grow Well Gardening Course

At Ravenscourt Park Glasshouses, Ravenscourt Park, Entrance by the café in the park. Contact Zoe on 07817 077 740 or zoe@hcgga.org.uk Relaxed and meaningful supported community gardening courses for anyone who needs a little more support

Tuesdays weekly 10.45am Music for Memory at Age UK

Greyhound Road, 105 Greyhound Road W6 8NJ. For more information contact Peter on 0207 386 2657 or peter@ageukhf.org.uk A friendly meeting in which there is live music performed and singing is led and encouraged. Transport may be available. Free, no need to book.

Tuesdays weekly 2.30- 4.30pm Singing for the Brain Alzheimer's Society Hammersmith St

Vincent's House, 49 Caroline Street, W6 9QH. For more information call Marcia 020 8563 0001/ Marcia.Pentney@alzheimers.org.uk

List compiled by Lucy warren at Resonate Arts, an arts programme for people living with memory loss and dementia: 020 7321 2702 / lucy@resonatearts.org

Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact us if you would like to be added to our mailing list