

Resonate Now – April 2023

Hello everyone! We hope you are keeping well and enjoying the longer spring days.

We thought we'd share some of the brilliant artwork from our Creative Space sessions over the past few months. Participants have been using bright inks to create landscapes and trying their hand at animation too – making their pictures come to life on the big screen!









If you fancy joining us at our next art session, please give us a call. Alternatively, send us a picture or poem of your own and we'll try to feature it in the newsletter. Post to: Resonate Arts, 12 Carlton House Terrace, London SW1Y 5AH, or email: <u>info@resonatearts.org</u>

Resonate Arts Events

Our monthly **Creative Space** art sessions usually take place on the second Monday of the month at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Due to the Easter break, our next session will be: **Monday 17th April, 2pm – 3.45pm**. Come along and enjoy some creative arts and conversation in a friendly atmosphere. For more info and to book your free place, contact Shelley on **0300 030 7212** or email: <u>shelley@resonatearts.org</u>

Our **Singing with Friends Choir** rehearsals take place on **Tuesday 18th** and **25th April** in person at **Wigmore Hall** and **online (18th April)**. For more info and timings, please get in touch with Shelley on **0300 030 7212**.

Our new **Creative Movement** sessions take place on the last Monday of the month (except public holidays) at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Next session: **Monday 24**th **April**. Gentle, playful movement (with balloons, shakers & scarves) for people living with dementia, their companions and carers. Please get in touch for timings and to book your free place, contact Shelley on **0300 030 7212** or email: <u>shelley@resonatearts.org</u>

The next dementia-friendly **Music for the Moment** concert, in partnership with the Royal Academy of Music, takes place at <u>St Marylebone Parish Church</u> (please note venue!) on **Friday 28th April**. Enjoy music performed by woodwind octet Polipetti, from the Royal Academy of Music. **Tea and cake from 2.30pm, concert starts at 3pm**.

Other News

Free Carers Day Craft Workshop Sunday 23rd April, 11am – 4pm

<u>Museum of Brands</u>, 111 – 117 Lancaster Road, Notting Hill, W11 1QT Create a royal collage inspired by Robert Opie's Royal Scrapbook, just in time for the Coronation of Charles III. All carers welcome, free entry to the museum is also included. Email <u>sara@museumofbrands.com</u> or call **020 7243 9611** for more information.

The V&A's next dementia-friendly 'Closer Look' tour takes place on Monday 24th April at 2pm. The tour is aimed at people living with early-stage dementia, their family and friends. Enjoy a cup of tea before heading to a gallery, where a guide will introduce the day's theme and objects and invite people to share their responses. Free entry, but spaces are limited. Advance booking is essential, via the <u>website</u> or call: 020 7942 2000.

Portraits of Dogs: from Gainsborough to Hockney Tuesday 25th April 10.15am – 11.30am Join artist Caroline Dorset for a relaxed, dementia-friendly tour of this exhibition exploring our devotion to dogs across the centuries, followed by tea and coffee. No other visitors will be in the exhibition space at this time. To book, or for more information, please contact Holly on **020 7563 9577** or <u>community@wallacecollection.org</u>

Our ever radiant faces....



Sofi Mogensen Projects Manager

Sam Curtis Director



Shelley Hastings Projects Manager



Katie Turnbull

Memory Group Project Manager



Jude Sweeting Chair of Trustees

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact Resonate Arts on: 0300 030 7212 or info@resonatearts.org

Did you know you can support **Resonate Arts** by shopping online with <u>easyfundraising</u>, which turns your shopping into free donations to our charity! You can also donate to us directly through <u>Kindlink</u>. <u>All donations are gratefully received and make a significant difference to our work</u>.

Kensington & Chelsea event listings – April 2023

Memory Café North K&C Wednesday 5th April, 1pm – 3pm

St Peter's Church, Kensington Park Road, W11 2PN Providing group-based support for people living with dementia and memory loss. Contact **Mandy** in advance on **07508 341127** or <u>MAndrews@aukc.org.uk</u>

Memory Café South K&C Wednesday 26th April, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR Providing group-based support for people living with dementia and memory loss. Contact **Mandy** in advance on **07508 341127** or <u>MAndrews@aukc.org.uk</u>

Singing for the Mind Every Thursday, 2pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact <u>sfm@ljs.org</u> or **020 7286 5181** to register.

Reminiscence Sessions Tuesday 18th April, 1.30pm – 3.30pm (Entrance – Grace Gate) Lord's Cricket Ground, St John's Wood Road, NW8 8QN Join these free monthly sessions for a friendly chat and light refreshments. Please book on 020 7616 8604 or email community@mcc.org.uk

Carers Days Friday 21st April and Sunday 23rd April (see also 'Other News' on page 2)

<u>Museum of Brands</u>, 111 – 117 Lancaster Road, Notting Hill, W11 1QT Free museum entry for carers (paid or unpaid) every 3rd Friday and 4th Sunday of the month. Email sara@museumofbrands.com to book a place, or call **020 7243 9611** for more info.

Video and Tea Wednesday 26th April, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA Watch a screening of the film 'The Admirable Crichton' followed by a delicious tea including ice-cream. No need to book, tickets £2 on the day. For more info, contact **020 7286 5181**.

Songhaven Concert Saturday 29th April, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH

Enjoy a free, dementia-friendly 45-minute concert with classic songs from stage and screen. Book via the <u>Songhaven website</u>, call **020 7201 9999** or email <u>songhaven@songhaven.co.uk</u>

If it is your first time attending an activity, we recommend contacting the provider in advance to book your place. This will provide opportunity to discuss details around Covid-19 guidance, access requirements, or for support with travel plans.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact 0300 030 7212 or info@resonatearts.org

