

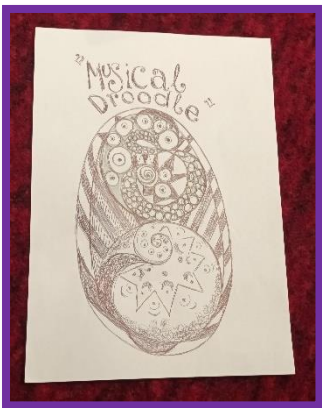
Resonate Now – April 2024

Resonate Arts urgently needs donations!

Please visit our [online support page](#) or call **0300 030 7212** to see how to support us. All donations are gratefully received and make a significant difference to our work.

Hello everyone

We hope you are well and enjoying the arrival of spring!



We thought we'd share this rather wonderful doodle that one of our participants Tony created during a recent music workshop. It's a happy reminder that artistic creativity doesn't have to exist in isolation, it can inspire or tap into multiple creative and sensory experiences – in this case, drawing while listening to live music.

Come experience this for yourself at some of our group activities. Our Singing with Friends choir enjoy creative movement as well as singing and listening to musicians. Live music is a key part of our art sessions too, thanks to our piano-player Euron. Or come and explore playful ways to boost energy levels and express yourself at our Creative Dance & Movement class – now weekly!

Resonate Arts Events

Our new weekly **Creative Dance & Movement** sessions take place on **Monday 8th, 15th, 22nd, 29th April, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, friendly and playful movement class, chair-based if needed. To book your free place, please contact Katie on **0300 030 7212** or email: info@resonatearts.org

Creative Space Art sessions take place at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be on **Monday 15th April, 2pm – 3.45pm**. To book your free place, please contact Shelley on **0300 030 7212** or shelley@resonatearts.org

Our **Singing with Friends Choir** rehearsals take place **in person at Wigmore Hall on Tuesday 16th, 23rd & 30th April** and also **online via Zoom on Tuesday 16th & 30th April**. For more info, please call Shelley on **0300 030 7212**.

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 19th April** at **St Marylebone Parish Church (please note venue!)**. Mezzo soprano Mia Serracino-Inglott & pianist Daniel Silcock from the Royal Academy of Music will perform. **Tea & cake from 2.30pm, concert starts at 3pm.**

Other News

Help Make the V&A More Dementia Friendly! Tuesdays 9th, 16th & 23rd April, 2pm – 4pm

The V&A South Kensington, Cromwell Road, London SW7 2RL

The V&A is redisplaying its Gilbert Galleries, featuring a beautiful collection of objects including gold and silver, miniatures and mosaics. They would love to hear from people living with dementia and their carers about what the V&A could do to create a meaningful and enjoyable visit to their new galleries. They will be holding three informal consultation workshops and as a thank you for your time, a **£50 voucher will be offered per person, per session. Booking essential!** Call Holly on **020 3949 4546** or email: h.power@vam.ac.uk

The Revellers Club at the Royal Albert Hall Thursday 2nd May, 10.30am – 12pm

North Circle Bar, Royal Albert Hall, Kensington Gore, SW7 2AP

An exciting new multi-arts project at the Royal Albert Hall! Taking inspiration from the Hall's eclectic and vibrant history, mischief and merrymaking will be encouraged in a fun and celebratory environment, enabling people living with dementia and their carers to try new activities together. Each standalone monthly session (April – December) will focus on a different art form/theme and music will be a key element. **Limited places, advance booking essential!** To book, call **020 7959 0540** or email: engagement@royalalberthall.com

Forget-Me-Nots Tuesday 14th May, 2pm – 3pm

Chelsea Physic Garden, 66 Royal Hospital Road, SW3 4HS

Dementia-friendly activities for people living with memory loss, their family and carers. Outdoors, weather permitting: painting, sharing stories and spotting wildlife. Indoors: clay modelling, pressed flower framing and herbal remedy making! Refreshments provided. To book, call: **020 7349 6474 / 020 7352 5646**, or email: learning@chelseaphysicgarden.co.uk

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager



Katie Turnbull

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best wishes, Sofi, Sam, Shelley & Katie

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Kensington & Chelsea event listings – April 2024

Memory Café North K&C Wednesday 3rd April, 1.30pm – 3.30pm (please note times!)

The Reed Day Centre, 28 Convent Gardens, off Kensington Park Road, W11 1NH
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 24th April, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Video and Tea Wednesday 24th April, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Watch a screening of the film 'Miss Potter' followed by a delicious tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. Contact: **020 7286 5181**.

Dementia-Friendly Film Screening: Mamma Mia! Friday 26th April, 10.30am (tea), 11am (film)

Fulham Road Picturehouse, 142 Fulham Road, London SW10 9QR. **Ticket price: £5.30**
During the film, lights are left on low, there are no adverts or trailers and the audience is allowed to move around, or sing along to musical numbers. Open to all, but especially for people living with dementia. Tel. **020 7326 2649** or www.picturehouses.com/cinema/fulham-road-picturehouse

Songhaven Concert Saturday 27th April, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH
Free relaxed concert, please book in advance via phone: **020 7201 9999**, via the website: <https://songhaven.co.uk/liveconcerts/> or email: songhaven@songhaven.co.uk for more info.

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Reminiscence Session Tuesday 30th April, 1.30pm – 3pm Free session, come join us for a friendly chat and refreshments. For info, call **020 7616 8604** or email: community@mcc.org.uk

Music Session April date & time to be confirmed Opera singer Maciek O'Shea will involve the group in a variety of pop, folk and operatic numbers in the historic Lord's Cricket Ground Museum. For more info, contact John on **020 7616 8604** or email: john.donegan@mcc.org.uk

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org