

Resonate Now – August 2023

Hello everyone!

We hope you are keeping well.



For the past year we've been recruiting more Creative Befriender volunteers to support participants with fun arts activities at home and creative trips out in the community. In July we invited our new recruits and current befrienders to get to know each other at a social event in the beautiful surrounds of St Peter's Church Notting Hill. We had a fun-filled evening together (including a surprise birthday celebration!) and our brilliant volunteer Creative Befrienders

pictured here are really looking forward to meeting some of you in the near future!

Resonate Arts Events

Our **Creative Space** art sessions take place on the second Monday of the month at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be: **Monday 14th August, 2pm – 3.45pm**. Come along and enjoy some creative arts and conversation in a friendly atmosphere. For more info and to book your free place, contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Our **Singing with Friends Choir** takes a break in August. Next rehearsals are on **Tuesday 5th, 12th, 19th, 26th September** in person at **Wigmore Hall** and **online via Zoom (Tuesday 12th & 26th September)**. For more info, please get in touch with Shelley on **0300 030 7212**.

Our **Creative Movement** sessions restart on **Monday 25th September, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, playful movement (with balloons, shakers & scarves) for people living with dementia, their companions and carers. To book your free place, contact Shelley on **0300 030 7212** or shelley@resonatearts.org

Remembering Yesterday Caring Today (RYCT) Mondays, September – November 2023 (dates & times to be confirmed) Barrow Hill Village Club, 5 Allitsen Rd, London NW8 7BD

We're excited to announce that we'll be offering a series of 10 weekly two-hour creative reminiscence sessions on Monday afternoons for people living with dementia and a supporter/close relative. Sessions will be led by Caroline Baker from the European Reminiscence Network and will involve music, drama, drawing, singing, dancing and good conversation to create a light-hearted atmosphere for sharing memories and bringing families and people closer together. To register your interest, please contact Katie on **0300 030 7212** or email katie@resonatearts.org

Other News

Dementia-Friendly Film Screening Friday 25th August, 11am (refreshments 10.30am)

Fulham Road Picture House, 142 Fulham Road, SW10 9QR Reduced ticket price: **£5.30**.

Fulham Road Picture House are running dementia-friendly film screenings on the last Friday of the month without ads or trailers. They screen a classic film at a reduced rate. The August film will be [Superman \(45th Anniversary\)](#). Tickets include free tea and coffee and a chance to socialise beforehand. Open to all, but especially for people living with dementia and their family, friends and carers. Call **020 3750 1610** for more info and to book tickets.

Free Workshop at the Royal Mews Monday 25th September, 2pm – 4.30pm

The Royal Mews, Buckingham Palace Road, London, SW1W 0QH

A free interactive workshop for people living with dementia and their carers exploring the Royal Mews and its role in supporting historic royal events. A guided wander through the Mews will look at the historic carriages, followed by a handling session in their learning rooms. Includes tea and biscuits. Booking essential, please call: **0303 123 7324** or book online: www.rct.uk/whatson/event/1091375/Royal-Mews-Dementia-friendly-event

Our ever radiant faces...



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager



Katie Turnbull

RYCT Project
Manager



Jude Sweeting

Chair of Trustees

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#).
All donations are gratefully received and make a significant difference to our work.

Kensington & Chelsea event listings – August 2023

Memory Café North K&C Wednesday 2nd August, 1pm – 3pm

St Peter's Church, Kensington Park Road, W11 2PN

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 30th August, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Songhaven Concerts

Saturday 19th August, 3pm St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH (free entry)

Tel. **020 7201 9999**. Book via the [Songhaven website](#) or email songhaven@songhaven.co.uk

Sunday 20th August, 3pm Outdoor Summer Concert, St George's Gardens, Bloomsbury

WC1H 8HZ. Free, dementia-friendly concert. No booking required, entry via Handel Street.

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

August date to be confirmed Music Session with opera singer Maciek O'Shea in the historic Lord's Cricket Ground Museum. Maciek will be involving the group in a variety of pop, folk and operatic numbers. Contact John: **020 7616 8604** / john.donegan@mcc.org.uk

Tuesday 22nd August, 1.30pm – 3.30pm Reminiscence Session Join these free sessions for a friendly chat and refreshments. Book on **020 7616 8604** or email community@mcc.org.uk

Video and Tea Wednesday 23rd August, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Mrs Harris Goes to Paris!' followed by a delicious tea including ice-cream. No need to book, tickets £2 on the day. For info, call **020 7286 5181**.

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org

