



Resonate December 2025

Please support our work by visiting our [online support page](#) or calling **0300 030 7212**
All donations are gratefully received and make a significant difference to our work

Hello everyone! We hope you're all keeping well.



It was brilliant to see so many of you at the Resonate Arts Celebration Party in September! Our Singing with Friends choir was in fine voice; there was an inspiring film of our Creative Movement group; wonderful work from our art group and our Creative Befrienders and Befriendees; fun arts activities, lots of tea and cake, plus fabulous party music from guest Afrobeat band, Olamony. ✨ **We'd like to wish you all the best for the festive season!** ✨

Resonate Arts Events

Our weekly **Creative Dance & Movement** sessions are on **Monday 1st, 8th & 15th December, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Sessions start up again on **Monday 5th January 2026**. Gentle & playful movement class; chair-based. Please call Katie on **0300 030 7212**; info@resonatearts.org

Our weekly **Singing with Friends Choir** rehearsals take place in person at **Wigmore Hall, 36 Wigmore Street, W1U 2BP** on **Tuesday 2nd, 9th & 16th December** and **online (via Zoom)** on **Tuesday 16th December**. Please join us for the choir's ✨ **Winter Sharing at Wigmore Hall** on **Tuesday 9th December, 12.15pm – 1pm** ✨ with refreshments after. For more info and timings, please call Shelley on: **0300 030 7212**, or email: info@resonatearts.org

Our monthly **Creative Space Art** sessions take place at the **Salvation Army, Regent Hall, 275 Oxford St, W1C 2DJ**. Our next session will be **Monday 15th December, 2pm – 3.45pm**. To book a place, please call Shelley on: **0300 030 7212**, or email: info@resonatearts.org

Music for the Moment – our **free** dementia-friendly concert series in partnership with the Royal Academy of Music – restarts on **Friday 23rd January 2026** with harpist Megan Humphries at **St Marylebone Parish Church, 17 Marylebone Rd, NW1 5LT**, from **2.30pm**.

Other News ✨

Wellbeing Sessions - Royal Hospital Chelsea, Royal Hospital Rd, SW3 4SR (via Chelsea Gate)

Mondays 1st, 8th & 15th December, 11.30am – 12.15pm: gentle seated movement to music

Tuesday 2nd December, 10.30 – 11.30am: relaxed Christmas card art ✨

Tuesday 9th December, 10.30 – 11.30am: joyful, festive singing with Alistair & Christopher

Tuesday 16th December, 10.30am – 3pm: festive celebration day ✨ Enjoy art workshops & performances from the Chelsea Pensioner Singers (11am) and Treblemakers (11.30am)

Free wellbeing sessions for people living with memory loss, carers, friends and family. To book, call Marina: **020 7881 5493**, or communityengagement@chelsea-pensioners.org.uk

The Revellers Club at the Royal Albert Hall **Thursday 4th December, 10.30am – 12.15pm**
North Circle Bar, Royal Albert Hall, Kensington Gore, SW7 2AP

Free multi-arts project inspired by the Hall's vibrant history. For people living with dementia and carers/family. **Booking essential!** T. **020 7959 0540**; engagement@royalalberthall.com

Gold Box Handling & Clay Workshops **Thursdays 4th, 11th & 18th December, 11am – 1pm**
V&A South Kensington, Cromwell Road, SW7 2RL (Free; no experience required)

Led by artist Katie Spragg, sessions include handling gold boxes from the Gilbert Collection, exploring the work of Artist in Residence, Ciara Neufeldt, plus creative clay workshops.

Pick up your fired work at a celebration event at the end of January. Dementia friendly.

Limited spaces – must book! Call **0203 949 4546**, or email Holly at: h.power@vam.ac.uk

Turtle Song **Mondays 19th January – 16th March 2026, 10:30am – 12:15pm (9 weeks)**
Royal College of Music, Prince Consort Road, South Kensington, London, SW7 2BS (Free)

Compose and sing your own songs with a professional composer, director and musicians, with an informal sharing for family and friends at the end of the project. Dementia friendly, carers welcome; no experience needed. Call **020 8964 5060** or niamh@turtlekeyarts.org.uk

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager



Katie Turnbull

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings. As always, we look forward to seeing you soon! Best wishes, Sofi, Sam, Shelley & Katie

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Kensington & Chelsea event listings – December 2025

Memory Café North & South Christmas Party Wednesday 3rd December, 1.30pm – 3.30pm

The Reed Day Centre, 28 Convent Gardens, W11 1NH (next Café North: Weds 7th January)

Memory Café North & South K&C joint Christmas Party ✨ for people living with dementia and memory loss. Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 28th January 2026 (For December, see party above)

Chelsea Theatre, 7 World's End Place, SW10 0DR

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Gate 6)

Music: dates to be confirmed, 1.30pm – 3pm Maciek O'Shea sings pop, folk & opera

Reminiscence Session: Tuesday 9th December, 1.30pm – 3pm Friendly chat &

refreshments. For more info, call John on **020 7616 8604/** john.donegan@mcc.org.uk

Songhaven Concert – Festive Event ✨ Saturday 13th December, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**.

Further info at: <https://songhaven.co.uk/liveconcerts/> or songhaven@songhaven.co.uk

Creative Workshop: Festive Prints Tuesday 16th December, 2pm – 4pm (free) ✨

Learning Studio, The Wallace Collection, Hertford House, Manchester Square, W1U 3BN

Join artist Marie-Thérèse Ross to explore scenes of celebration and create your own printed greetings card inspired by Fête Galante images. Dementia friendly, carers welcome.

Booking essential! Contact: **020 7563 9577**, or email: community@wallacecollection.org

Video and Tea Wednesday 28th January 2026, 1:30pm – 4:30pm (no event in December)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'For Me and My Gal' followed by tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. For info, call: **020 7286 5181**.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or info@resonatearts.org

