



## Resonate Now – January 2023

**Happy New Year!** We hope you had a restful time during the festive season and were able to keep warm through all the snow and ice. We are really looking forward to seeing some of you soon at our sessions.

**Supporting Resonate Arts in 2023** As we enter the new year, we'd like to take this opportunity to tell you more about our wonderful organisation and how you might be able to help us do more creative things with you.

Resonate Arts is a charity and as such is a non-profit making organisation. Our main focus is to work with people living with a dementia who live in Westminster or Kensington & Chelsea. We currently have 238 people registered with us, from a range of communities and backgrounds, who are interested in taking part in an arts activity.

As a small team of three staff we are very busy but we absolutely love the work we do with you and have lots of big ideas and ambition to do more, to grow the charity and what we can offer you.

The programme we offer is made possible through the support of various funders and donors; our main funder over the years has been the NHS. Other more recent funders include the Postcode Society Trust, London Community Foundation, The Gilbert Trust and The European Reminiscence Network.

**Support us!** The easiest way you can donate is through our [Kindlink](#) web page. Please feel free to share with friends and family!

<https://donate.kindlink.com/westminster-arts/2543>

If you're a regular online shopper, you can also raise money for us via [easyfundraising](#). They are partnered with over 7000 retailers who will donate to us every time you shop with them, at no extra cost to you! Set up a free account, choose Westminster Arts as your cause and go through the [easyfundraising.org.uk](https://www.easyfundraising.org.uk) website each time you want to make a purchase.

Alternatively, you can get creative and organise an activity to raise money. You could: do a sponsored walk, organise a cake sale or a raffle, create some greetings cards to sell, knit something beautiful to raise money... the list is endless, as is your creativity! We are always here to talk through any ideas you have – so please do get in touch.

### Resonate Arts Events

The next dementia-friendly **Music for the Moment** concert, in partnership with the Royal Academy of Music, takes place at **St Marylebone Parish Church (not Wigmore Hall!)** on **Friday 27<sup>th</sup> January. Tea and cake from 2.30pm, concert starts at 3pm.** Cellist Josie Campbell and French Horn player Hannah Williams will be performing.

Our monthly **Creative Space** art sessions take place at **St Anne's Church in Soho** (55 Dean Street, W1D 6AF), on the second Monday of the month. Next session: **Monday 9<sup>th</sup> January**. Come along and enjoy some creative arts and conversation in a friendly atmosphere. **To book your free place**, contact Shelley on **0300 030 7212** or email: [shelley@resonatearts.org](mailto:shelley@resonatearts.org)

Our **Singing with Friends Choir** starts back on **Tuesday 10<sup>th</sup> January** in person at **Wigmore Hall** and **online**. Please call Shelley on **0300 030 7212** for more information.

## Other News

**Creative Workshop: Armour at the Wallace Collection Wednesday 18<sup>th</sup> January 2pm - 4pm**  
Join artist Caroline Dorset for a relaxed, dementia-friendly creative workshop at the Wallace Collection. The session will start with a tour of armour in the Collection, followed by the opportunity to handle replica armour and a creative session in the studio. Tea and coffee will be provided. No prior experience or knowledge necessary. To book, or for more info, please contact Holly on **020 7563 9577** or email: [community@wallacecollection.org](mailto:community@wallacecollection.org)

The **V&A's** free dementia-friendly '**Closer Look**' tours take place on the **last Monday of the month at 2pm** (next one: **30<sup>th</sup> January 2023**) and are aimed at people living with early-stage dementia, their family and friends. Enjoy a cup of tea before heading to a gallery, where a guide will introduce the day's theme and objects and invite people to share their responses. Spaces are limited, **advance booking is essential**, via the [website](#) or call: **020 7942 2000**.

## Our ever radiant faces....



**Sofi Mogensen**  
Projects Manager



**Sam Curtis**  
Director



**Shelley Hastings**  
Projects Manager



**Katie Turnbull**  
Artist



**Jude Sweeting**  
Chair of Trustees

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#).  
All donations are gratefully received and make a significant difference to our work.

## Kensington & Chelsea event listings – January 2023

### Memory Café North K&C **Not on 4<sup>th</sup> January! Next one: Wednesday 1<sup>st</sup> Feb, 1pm – 3pm**

St Peter's Church, Kensington Park Road, W11 2PN

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **020 3181 0002** or [MAndrews@aukc.org.uk](mailto:MAndrews@aukc.org.uk)

### Memory Café South K&C **Wednesday 25<sup>th</sup> January, 1pm – 3pm**

Chelsea Theatre, 7 World's End Place, SW10 0DR

Contact **Mandy** in advance on **020 3181 0002** or [MAndrews@aukc.org.uk](mailto:MAndrews@aukc.org.uk)

### Singing for the Mind **Every Thursday, 2pm (restarts 5<sup>th</sup> January, no session 29<sup>th</sup> Dec!)**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact [sfm@ljs.org](mailto:sfm@ljs.org) or **020 7286 5181** to register.

### Songhaven Concert **Saturday 14<sup>th</sup> January, 3pm**

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH

Enjoy a free, dementia-friendly 45-minute concert with classic songs from stage and screen.

Book via the [Songhaven website](#), call **020 7201 9999** or email [songhaven@songhaven.co.uk](mailto:songhaven@songhaven.co.uk)

### Carers Days **Friday 20<sup>th</sup> January and Sunday 22<sup>nd</sup> January**

[Museum of Brands](#), 111 – 117 Lancaster Road, Notting Hill, W11 1QT

Free museum entry for carers (paid or unpaid) every 3<sup>rd</sup> Friday and 4<sup>th</sup> Sunday of the month.

Free craft workshops on offer throughout 2023 (dates tbc) and free dementia resources.

Email [sara@museumofbrands.com](mailto:sara@museumofbrands.com) to book a place, or call **020 7243 9611** for more info.

### Reminiscence Sessions **Tuesday 24<sup>th</sup> January, 1.30pm – 3.30pm (Entrance – Grace Gate)**

Lord's Cricket Ground, St John's Wood Road, NW8 8QN

Join these free monthly sessions for a friendly chat and light refreshments.

**Please book** on **020 7616 8604** or email [community@mcc.org.uk](mailto:community@mcc.org.uk)

### Video and Tea **Wednesday 25<sup>th</sup> January, 1:30pm – 4:30pm**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Bugsy Malone' followed by a delicious tea including ice-

cream. No need to book, tickets are £2 on the day. For more info, contact **020 7286 5181**.

If it is your first time attending an activity, we recommend contacting the provider in advance to book your place. This will provide opportunity to discuss details around Covid-19 guidance, access requirements, or for support with travel plans.

**Listings produced by Resonate Arts for people living with dementia, their supporters & carers**

Contact **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)