

Resonate Now – March 2024

Resonate Arts urgently needs donations!

Please visit our [online support page](#) or call **0300 030 7212** to see how to support us. All donations are gratefully received and make a significant difference to our work.

Hello everyone!

We hope you are well and looking forward to spring. This month we bring you a burst of colour from our Creative Space art group who've been busy experimenting with collage, acetate, torches and a laminator! Here are some of the wonderful stained-glass-style pictures they've had fun making, creating light and joy during the winter months.



Resonate Arts Events

New! Our weekly **Creative Dance & Movement** sessions take place on **Monday 4th, 11th, 18th, 25th March, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, friendly and playful movement class, chair-based if needed. To book your free place, contact Katie on **0300 030 7212** or email: info@resonatearts.org

Our **Singing with Friends Choir** rehearsals take place **in person at Wigmore Hall on Tuesday 5th, 12th, 19th & 26th March** and also **online via Zoom on Tuesday 5th & 19th March**. For more info, please call Shelley on **0300 030 7212**.

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place next on **Friday 15th March** at **St Marylebone Parish Church (please note venue!)**. Harpists Bonnie Scott & Gina Gallacher from the Royal Academy of Music will be performing. **Tea and cake from 2.30pm, concert starts at 3pm.**

Creative Space Art sessions take place at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be **Monday 18th March, 2pm – 3.45pm**. To book a free place, please contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Other News

Closer Look Tours at the V&A Monday 25th March, 2pm – 3pm

Art Studio, Learning Centre, V&A South Kensington, Cromwell Road, SW7 2RL

Explore a wide range of objects and artworks from different collections at the V&A with an expert guide. These bespoke dementia-friendly tours last 45-60 minutes with refreshments on arrival. For people living with early-stage dementia, family and friends. To book, call:

020 7942 2000, or go to www.vam.ac.uk/event/2bEgddj1/a-closer-look-tours-spring-2024

Creative Workshop: Ceramics Wednesday 27th March, 2pm – 4pm

The Wallace Collection, Manchester Square, W1U 3BN

Join artist Caroline Dorset for a dementia-friendly creative workshop, taking inspiration from ceramics in the Collection with an opportunity to experiment with clay modelling. Enjoy a relaxed afternoon with tea and coffee provided. Companions/ carers welcome.

To book, please contact **020 7563 9577** or email: community@wallacecollection.org

New! The Revellers Club at the Royal Albert Hall Thursday 4th April, 10.30am – 12pm

North Circle Bar, The Royal Albert Hall, Kensington Gore, SW7 2AP

The Revellers Club is an exciting new multi-arts project at the Royal Albert Hall! Taking inspiration from the Hall's eclectic and vibrant history, mischief and merrymaking will be encouraged in a fun and celebratory environment, enabling people living with dementia and their carers to try new activities and create new memories together. Each standalone monthly session (April – December) will focus on a different art form/theme and music will be a key element of the club – making, listening or appreciating. **Limited places, advance booking essential!** To book, call **020 7959 0540** or email: engagement@royalalberthall.com

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.
As always, we look forward to seeing you soon at one of our events.

Best wishes, Sofi, Sam & Shelley

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Kensington & Chelsea event listings – March 2024

Memory Café North K&C Wednesday 6th March, 1pm – 3pm (please note venue!)

The Reed Day Centre, 28 Convent Gardens, off Kensington Park Road, W11 1NH
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 27th March, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Songhaven Concert Saturday 9th March, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH
Free relaxed concert, please book in advance via phone: **020 7201 9999**, via the website: <https://songhaven.co.uk/liveconcerts/> or email: songhaven@songhaven.co.uk for more info.

Musicali-Tea Thursdays 21st & 28th March, 12pm – 2pm

Holy Sepulchre London, The National Musicians' Church, via Holborn Viaduct, EC1A 2DQ
Free community café with tea, tales and tunes, including talks from a City Guide.
Special guest artists from [Songhaven](https://songhaven.co.uk) will be performing on these dates. **Booking essential!**
Call **020 7236 1145** and leave a message, or book online at: <https://hsl.church/upcoming-events>

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Reminiscence Session Tuesday 26th March, 1.30pm – 3pm Free session, come join us for a friendly chat and refreshments. For info, call **020 7616 8604** or email: community@mcc.org.uk

Music Session March date & time to be confirmed Opera singer Maciek O'Shea will involve the group in a variety of pop, folk and operatic numbers in the historic Lord's Cricket Ground Museum. For more info, contact John on **020 7616 8604** or email: john.donegan@mcc.org.uk

Video and Tea Wednesday 27th March, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Watch a screening of the film 'The Glen Miller Story' followed by a delicious tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. Contact: **020 7286 5181**.

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org