

Resonate Now – May 2024

Resonate Arts urgently needs donations!

Please visit our [online support page](#) or call **0300 030 7212** to see how to support us. All donations are gratefully received and make a significant difference to our work.

Hello everyone

We hope you are all keeping well.



At the end of March, our Singing with Friends choir came together at Wigmore Hall to share a selection of popular songs which they had been rehearsing during the spring term, including songs in different languages and a beautiful piece they had written together. With the support of a brilliant team of musicians and facilitators, it didn't take much to encourage the audience to join in too. We had lots

of fun with the vocal warm up, learnt some new songs and had a great time listening to and singing along with the choir. Come join us for more merriment in the month of May!

Resonate Arts Events

Our **Singing with Friends Choir** rehearsals take place **in person at Wigmore Hall on Tuesday 7th, 14th & 21st May** and also **online (via Zoom) on Tuesday 14th May (please note: there is no session on Tuesday 28th May)**. For more info, please call Shelley on **0300 030 7212**.

Due to the two bank holidays, there will be just two **Creative Dance & Movement** sessions in May on **Monday 13th & 20th May, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, friendly and playful movement class, chair-based if needed. To book your free place, please call Katie on **0300 030 7212** or email: info@resonatearts.org

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 17th May** at **St Marylebone Parish Church (please note venue!)**. **Baci Quartet** (strings) from the Royal Academy of Music will be performing. **Tea & cake from 2.30pm, concert starts at 3pm, more refreshments at 4pm.**

Creative Space Art sessions take place at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be on **Monday 20th May, 2pm – 3.45pm**. To book your free place, please contact Shelley on **0300 030 7212** or shelley@resonatearts.org

Other News

Forget-Me-Nots Tuesday 14th May, 1.30pm – 3.30pm

Chelsea Physic Garden, 66 Royal Hospital Road, SW3 4HS

Socialising and dementia-friendly activities for people living with memory loss, their family and carers. Weather permitting, outdoor activities include: painting, sharing stories, walking in the garden and spotting wildlife. Indoor activities include: clay modelling, pressed flower framing and herbal remedy making! Refreshments provided. To book, call: **020 7349 6474 / 020 7352 5646**, or email: learning@chelseaphysicgarden.co.uk

Dementia Action Alliance: Support Info Event for Family Carers Monday 20th May, 1.30pm – 4.30pm Kensington Town Hall (Small Hall), Hornton Street, W8 7NX

Dementia Action Alliance is running an event for family carers to learn about dementia and dementia support in Westminster and Kensington & Chelsea. Local support services will be giving talks and running stalls. Free food & drinks! Contact fred.mairet@homeinstead.co.uk

The Revellers Club at the Royal Albert Hall Thursday 6th June, 10.30am – 12pm

North Circle Bar, Royal Albert Hall, Kensington Gore, SW7 2AP

An exciting new multi-arts project at the Royal Albert Hall! Taking inspiration from the Hall's eclectic and vibrant history, mischief and merrymaking will be encouraged in a fun and celebratory environment, enabling people living with dementia and their carers to try new activities together. Each standalone monthly session (April – December) will focus on a different art form/theme and music will be a key element. **Limited places, advance booking essential!** To book, call **020 7959 0540** or email: engagement@royalalberthall.com

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager



Katie Turnbull

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.
As always, we look forward to seeing you soon at one of our events.

Best wishes, Sofi, Sam, Shelley & Katie

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Kensington & Chelsea event listings – May 2024

Memory Café North K&C Wednesday 1st May, 1.30pm – 3.30pm

The Reed Day Centre, 28 Convent Gardens, off Kensington Park Road, W11 1NH
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 29th May, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Video and Tea Wednesday 22nd May, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Watch a screening of the film 'There's No Business Like Show Business' followed by a delicious tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. Call: **020 7286 5181**.

Songhaven Concert Saturday 25th May, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH
Free relaxed concert, please book in advance via phone: **020 7201 9999**, via the website: <https://songhaven.co.uk/liveconcerts/> or email: songhaven@songhaven.co.uk for more info.

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Reminiscence Session Tuesday 28th May, 1.30pm – 3pm Free session, come join us for a friendly chat and refreshments. For info, call **020 7616 8604** or email: community@mcc.org.uk

Music Session May date & time to be confirmed Opera singer Maciek O'Shea will involve the group in a variety of pop, folk and operatic numbers in the historic Lord's Cricket Ground Museum. For more info, contact John on **020 7616 8604** or email: john.donegan@mcc.org.uk

Dementia-Friendly Film Screening: Pretty Woman Friday 31st May, 10.30am (tea), 11am (film)

Fulham Road Picturehouse, 142 Fulham Road, London SW10 9QR. **Ticket price: £5.30**
During the film, lights are left on low, there are no adverts or trailers and the audience can move around, or sing along to musical numbers. Open to all, but especially for people living with dementia. Tel. **020 7326 2649** or www.picturehouses.com/cinema/fulham-road-picturehouse

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org