

Resonate Now – May 2025

Please support our work by visiting our [online support page](#) or calling **0300 030 7212**.
All donations are gratefully received and make a significant difference to our work.

Hello everyone!

We hope you're all keeping well.



The sun is shining, the birds are singing and the spring bulbs are out – at last! After what seems like a very long winter, we're happy to see that spring has finally sprung.

There are plenty of activities going on in May, including a range of cultural, wellness and community events to tie in with [Dementia Action Week](#), **Monday 19th May – Saturday 24th May**. Events include the **Dementia Information Fair** in

the Small Hall, Kensington Town Hall, Hornton Street, W8 7NX on **Friday 23rd May, 1.30pm – 4.30pm**. We look forward to seeing you there! For booking and enquiries, please contact Home Instead Westminster on **020 3701 2862**, or email: DAW.2025@homeinstead.co.uk

Resonate Arts Events

Our **Singing with Friends Choir** rehearsals take place in person at **Wigmore Hall, 36 Wigmore St, W1U 2BP** on **Tuesday 6th, 13th & 20th May** and also **online (via Zoom)** on **Tuesday 6th & 20th May**. **Please note: there is no session on Tuesday 27th May**. For more info, please call: **0300 030 7212** or email: info@resonatearts.org

Our weekly **Creative Dance & Movement** sessions take place on **Monday 12th & 19th May, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. **Please note: there are no sessions on the two May bank holidays**. Gentle, friendly and playful movement class; chair-based. Please call Katie on **0300 030 7212**, or email: info@resonatearts.org

Creative Space Art sessions take place at the **Salvation Army, Regent Hall, 275 Oxford St, W1C 2DJ**. Our next session will be **Monday 19th May, 2pm – 3.45pm**. For more info and to book your free place, please contact Shelley on **0300 030 7212** or info@resonatearts.org

Music for the Moment – our **free** dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 30th May** at **St Marylebone Parish Church, 17 Marylebone Road, NW1 5LT**. Jayden Lamcellari & Milda Daunoraite (cello & piano), Lin Xu-Zhang (piano) and Sandrine Jones & Natalie Lo (flute & harp) from the Royal Academy of Music will be performing. **Tea & cake from 2.30pm, concert starts at 3pm, more tea after!**

Other News

The Revellers Club at the Royal Albert Hall Thursday 1st May, 10.30am – 12.15pm

North Circle Bar, Royal Albert Hall, Kensington Gore, SW7 2AP

Free multi-arts project inspired by the Hall's vibrant history. Mischief & merrymaking will be encouraged in a fun environment where music is key. For people living with dementia and carers/supporters. **Booking essential!** T. **020 7959 0540**; engagement@royalalberthall.com

Royal Hospital Chelsea – Wellbeing Tuesdays Soane Stable Yard, Royal Hospital Chelsea, Royal Hospital Road, SW3 4SR (enter via Chelsea Gate)

Tuesday 6th May, 10.30am – 11.30am: art workshop with Maxine

Tuesday 13th May, 10.30am – 11.30am: community singing with Ali & Christopher

Tuesday 20th May, 10am – 11.30am: special visit to the National Army Museum galleries (meet outside the National Army Museum)

Tuesday 27th May, 10.30am – 11.30am: sensory exploration of the Soane Stable Yard & Chelsea Pensioners Museum

Visit the Royal Hospital Chelsea, home of the Chelsea Pensioners, for a programme of **free** weekly wellbeing sessions for people living with memory loss, carers, friends and family. To book, call Marina: **020 7881 5493**, or communityengagement@chelsea-pensioners.org.uk

Forget-Me-Nots Tuesday 3rd June, 1.30pm – 3.30pm

Chelsea Physic Garden, 66 Royal Hospital Road, SW3 4HS

Visit Chelsea Physic Garden for a restorative encounter with plants, plus socialising and **free** creative activities, which may include painting, clay modelling, pressed flower framing or herbal remedy making. For people living with memory loss, their families and carers. Hot drinks provided. To book, contact: **020 7349 6474** or learning@chelseaphysicgarden.co.uk

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager



Katie Turnbull

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings. As always, we look forward to seeing you soon! Best wishes, Sofi, Sam, Shelley & Katie

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Kensington & Chelsea event listings – May 2025

Memory Café North K&C Wednesday 7th May, 1.30pm – 3.30pm

The Reed Day Centre, 28 Convent Gardens, off Kensington Park Road, W11 1NH
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 28th May, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR
Providing group-based support for people living with dementia and memory loss.
Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Free dementia-friendly events at The Wallace Collection

Learning Studio, The Wallace Collection, Hertford House, Manchester Square, W1U 3BN
Tuesday 6th May, 10am – 11.30am Delusions of Grandeur Relaxed opening of exhibition with over 40 new works by Sir Grayson Perry and pieces of 'outsider art'.
Sunday 25th May, 1pm – 1.25pm Mindful Looking Art as a focus for mindfulness practice.
Tuesday 27th May, 2pm – 4pm Creative Workshop: Colour & Texture Make a tactile collage
Booking essential for ALL events! Call **020 7563 9577**, or community@wallacecollection.org

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)
Music Session Tuesday 13th May, 1.30pm – 3pm Pop, folk & opera with Maciek O'Shea.
Reminiscence Session Tuesday 27th May, 1.30pm – 3pm Friendly chat and refreshments.
For info, call John on **020 7616 8604/** john.donegan@mcc.org.uk; community@mcc.org.uk

Songhaven Concerts Saturday 24th May, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**
Details online at: <https://songhaven.co.uk/liveconcerts/> or songhaven@songhaven.co.uk

Video and Tea Wednesday 28th May, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA
Watch a screening of the film 'Carmen Jones' followed by tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. For info, please call: **020 7286 5181**.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or info@resonatearts.org