

Resonate Now – November 2023

Hello everyone! We hope you are keeping well.

We are very pleased to announce we have started working with the Mayor of London's Culture Team to deliver the Dementia Friendly Venues Charter! The Mayor of London has launched the world's first Dementia Friendly Venues Charter for cultural public spaces in a drive to ensure that every Londoner with dementia and their carers have a dementia-friendly cultural venue on their doorstep. As part of this work, we are running a pilot assessment of cultural venues that have been accredited as being dementia-friendly.

Resonate Arts participants are working with artist and facilitator Seiwa Cunningham to develop Mystery Shopper roles. They will visit and assess how accessible and welcoming the venue is before sharing their experiences and feedback to help venues with improving their offer for people living with dementia. We hope to share some results in 2024!

Resonate Arts Events

Music for Thought at **Wigmore Hall** returns **Thursday 2nd – Thursday 30th November**. Fun, interactive weekly sessions, listening to and making music with young artists from the Royal Academy of Music, guided by professional musicians. No musical experience necessary. **Places are almost full!** For more info, call **0300 030 7212** or email info@resonatearts.org

Our **Singing with Friends Choir** rehearsals take place **in person at Wigmore Hall on Tuesday 7th, 14th, 21st, 28th November** and also **online via Zoom on Tuesday 14th & 28th November**. **Exciting advance news** – the choir's free **Christmas concert** will be held at **Wigmore Hall on Tuesday 12th December at 11am**. For more info, please call Shelley on **0300 030 7212**.

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 10th November** at **Wigmore Hall (please note venue!)**. Flautist Katie Taunton and pianist Jack Redman from the Royal Academy of Music will be performing. **Tea and cake from 2.30pm, concert starts at 3pm**. This concert will also be broadcast live over the internet: <https://www.wigmore-hall.org.uk/10Nov23>

Our **Creative Space** art sessions take place on either the second or third week of the month at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be **Monday 13th November, 2pm – 3.45pm**. To book your free place, please contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Our next **Creative Movement** session takes place on **Monday 27th November, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, playful movement (with balloons, shakers & scarves) for people living with dementia, their companions and carers. To book your free place, contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Other News

A Closer Look Tours **Monday 30th October & Monday 27th November, 2pm – 3.30pm**
V&A South Kensington, Cromwell Road, SW7 2RL

A Closer Look Tours have restarted at the V&A, taking place on the last Monday of each month (excluding bank holidays). These 45-minute free tours are aimed at people living with early-stage dementia, their family and friends. Enjoy a cup of tea before heading to a gallery with an expert guide, where you can learn the stories behind some of the V&A's most fascinating objects. **Booking is essential**, via the [website](#) or call: **020 7942 2000**.

Creative Workshop: Winter Colours **Tuesday 14th November, 2pm – 4pm**

The Wallace Collection, Manchester Square, W1U 3BN

Join artist Luisa Rivera for a dementia-friendly creative workshop, taking inspiration from winter scenes found in the Wallace Collection and experiment with collaging. Enjoy a relaxed afternoon with tea and coffee provided. Companions/carers welcome. To book, or for more info, please contact Holly on **020 7563 9577** or community@wallacecollection.org

Music Session at Lord's **November date to be confirmed** (contact John for more info)

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Monthly music session with opera singer Maciek O'Shea in the historic Lord's Cricket Ground Museum. Maciek will be involving the group in a variety of pop, folk and operatic numbers. **Contact John Donegan on 020 7616 8604** or john.donegan@mcc.org.uk

Our ever radiant faces....



Sofi Mogensen
Projects Manager



Sam Curtis
Director



Shelley Hastings
Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.
As always, we look forward to seeing you soon at one of our events.

Best wishes, Sofi, Sam & Shelley

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Resonate Arts desperately needs donations! Please visit our online [support page](#) to see how you can donate. All donations are gratefully received and make a significant difference to our work.

Kensington & Chelsea event listings – November 2023

Memory Café North K&C Wednesday 1st November, 1pm – 3pm

St Peter's Church, Kensington Park Road, W11 2PN

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 29th November, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Songhaven Concert Saturday 11th November, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**.

Free relaxed concert, book via [Songhaven website](#) or email songhaven@songhaven.co.uk

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Music Session November date to be confirmed Opera singer Maciek O'Shea will be involving the group in a variety of pop, folk and operatic numbers in the historic Lord's Cricket Ground Museum. Contact John: **020 7616 8604** / john.donegan@mcc.org.uk

Reminiscence Session Tuesday 21st November, 1.30pm – 3.30pm Free session, come join us for a friendly chat and refreshments. For more info and to book a place, contact John on **020 7616 8604** or email community@mcc.org.uk

Video and Tea Wednesday 22nd November, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the films 'Father Christmas' & 'The Snowman' followed by a delicious tea & ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. For info, call **020 7286 5181**.

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org

