

Resonate Now – September 2023

Hello everyone!

We hope you are keeping well.



We were thrilled to hear our Singing with Friends Choir perform on the beautiful main stage at Wigmore Hall in July. Our online and in-person choirs came together for a performance sharing to showcase the pieces they've been working on this year.

We enjoyed a wonderful mix of songs from around the world, original poetry, solos, duos, creative movement and even some audience participation too. We can't wait for the next one!

Resonate Arts Events

Our **Singing with Friends Choir** rehearsals take place on **Tuesday 5th, 12th, 19th, 26th September** in person at **Wigmore Hall** and **online via Zoom (Tuesday 12th & 26th September)**. For more info, please get in touch with Shelley on **0300 030 7212**.

Resonate Arts Summer Celebration! Thursday 14th September, St Peter's Church, Notting Hill. Join us for live music and movement from our Singing with Friends choir, arts activities and a film created by our Creative Space group, delicious tea and cakes and the opportunity to catch up with friends old and new. **RSVP: spaces are very limited, booking essential, please call: 0300 030 7212.**

Remembering Yesterday Caring Today (RYCT) Monday afternoons, 18th September – 20th November at **Barrow Hill Village Club, 5 Allitsen Road, London NW8 7BD** A series of 10 weekly, 2-hour creative reminiscence sessions for people living with dementia and a supporter/close relative. Sessions will be led by Caroline Baker from the European Reminiscence Network and will involve music, drama, drawing, singing, dancing, conversation and sharing of memories to help bring people together. Spaces are limited, to register your interest, please call Katie on **0300 030 7212** or email katie@resonatearts.org

Our **Creative Movement** sessions restart on **Monday 25th September, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, playful movement (with balloons, shakers & scarves) for people living with dementia, their companions and carers. To book your free place, contact Shelley on **0300 030 7212** or shelley@resonatearts.org

Our **Creative Space** art sessions usually take place on the second Monday of the month at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. **Please note, there is no session in September** so our next session will be: **Monday 16th October, 2pm – 3.45pm**. To book your free place, contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Other News

Creative Workshop: Experiment with Watercolours Tuesday 19th September, 2pm – 4pm

The Wallace Collection, Manchester Square, W1U 3BN

Join artist Luisa Rivera for a dementia-friendly creative workshop using watercolours and taking inspiration from flora and fauna found in the Wallace Collection. Enjoy a relaxed afternoon with tea and coffee provided. Companions/carers welcome. To book, or for more information, please contact Holly on 020 7563 9577 or community@wallacecollection.org

Free Workshop at the Royal Mews Monday 25th September, 2pm – 4.30pm

The Royal Mews, Buckingham Palace Road, London, SW1W 0QH

Free interactive workshop for people living with dementia and their carers exploring the Royal Mews and its role in supporting historic royal events, including a look at the historic carriages. Tea and biscuits provided. Booking essential, please call: **0303 123 7324** or book online: www.rct.uk/whatson/event/1091375/Royal-Mews-Dementia-friendly-event

Dementia-Friendly Film Screening Friday 29th September, 11am (refreshments 10.30am)

Fulham Road Picture House, 142 Fulham Road, SW10 9QR Reduced ticket price: **£5.30**.

Enjoy dementia-friendly film screenings without ads or trailers at Fulham Road Picture House. September's classic film will be [Back to the Future](#). Tickets include free tea and coffee and a chance to socialise before the film. Especially for people living with dementia and their family, friends and carers. Call **020 3750 1610** for more info and to book tickets.

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best wishes, Sofi, Sam & Shelley

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#).
All donations are gratefully received and make a significant difference to our work.

Kensington & Chelsea event listings – September 2023

Memory Café North K&C Wednesday 6th September, 1pm – 3pm

St Peter's Church, Kensington Park Road, W11 2PN

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Memory Café South K&C Wednesday 27th September, 1pm – 3pm

Chelsea Theatre, 7 World's End Place, SW10 0DR

Providing group-based support for people living with dementia and memory loss.

Contact **Mandy** in advance on **07508 341127** or MAndrews@aukc.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to register.

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

Music Session Monday 4th September, 1.30pm – 3pm Opera singer Maciek O'Shea will be involving the group in a variety of pop, folk and operatic numbers in the historic Lord's Cricket Ground Museum. Contact John: **020 7616 8604** / john.donegan@mcc.org.uk

Reminiscence Session Tuesday 19th September, 1.30pm – 3.30pm Free session, come join us for a friendly chat and refreshments. For more info and to book a place, contact John on **020 7616 8604** or email community@mcc.org.uk

Video and Tea Wednesday 27th September, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Brigadoon' followed by a delicious tea including ice-cream.

No need to book, tickets £2 on the day. Wheelchair accessible. For info, call **020 7286 5181**.

Songhaven Concert Saturday 30th September, 3pm

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**.

Free relaxed concert, book via the [Songhaven website](http://songhaven.co.uk) or email songhaven@songhaven.co.uk

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org

