

Events and groups in Kensington & Chelsea, September 2017

All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.

Tuesday 5th September 1 - 3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. Arts session with Lucy from Resonate Arts. Bookings and referrals available through Age UK Kensington and Chelsea, call Tasio on 0203 1810002.

Saturday 9th September 3.00pm Songhaven concert followed by afternoon tea

Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, London WC1H 9RS. "Almost Like Being in Love" - A concert of popular favourites from the stage and screen. Hosted by Vivien Conacher (mezzo-soprano) and featuring special guest artists Dominic Walsh (tenor) and Chad Vindin (pianist) Booking is essential - call 020 7278 1887 / www.songhaven.co.uk

Tuesday 12th September 1.30pm - 3.30pm Sporting Reminiscence Session at Lord's

Lord's Cricket Ground, Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend but booking is essential, to book call Yvonne on 0207 616 8589

Tuesday 19th September 3 – 5pm Making your Mark at Kensington Gardens

with The Royal Parks & Resonate Arts. The Magazine Stoneyard, W2 2AR. Explore the history of the camouflage school and allotments in Kensington Gardens throughout WW1, and the works of art made by soldiers to send home to their loved ones. Booking is essential – call Lucy on 020 7321 2702/lucy@resonatearts.org

Tuesday 26th September 3pm - 4.30pm Hymns and Pimms at Grosvenor Chapel

Grosvenor Chapel, 24 South Audley Street W1K 2PA, no need to book, just turn up! Come together to share friendship, singing and refreshment. Suggested donation £4, call 020 7499 1684 for more info.

Friday 29th September 2.30pm - 4pm Music for the Moment concert at

Marylebone Parish Church. With students from Royal Academy of music, this month: vocal solos and duets. Refreshments served. Free, no need to book. For information contact Lucy on 020 7321 2702 or lucy@resonatearts.org

Friday 29th September 1 – 3pm My Memories Café South at Cremorne Clubroom

Millman's Street, SW10 0BY. Bookings and referrals available through Age UK Kensington and Chelsea, call Tasio on 0203 1810002.

Mondays weekly from 18th 11.30am – 12:30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. Contact Elaine McGregor on 07967 696891 or email elaine.mcgregor@nordoff-robbins.org.uk. Open group, no need to register.

Mondays weekly 1 - 2pm, Lunchtime concert at St Peters Church

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- 4th September Nandita Bhati & Erin Smith (Violin Duo)
- 11th September South London Saxophone Quartet
- 18th September Jose Zalba-Smith (Flute) and Louisa Lam (Piano)
- 25th September Maria Marchant (Piano)

Tuesdays weekly 3.30 - 5pm Singing for the Brain at Ark Home Healthcare

42 Westbourne Park Road, W2 5PH. Anyone living with dementia or affected by it who is a resident in the boroughs of Westminster, Hammersmith & Fulham and Kensington & Chelsea can attend. For more information or to confirm attendance, please contact Marianne 020 7561 4820 or email islington@alzheimers.org.uk

Wednesdays weekly, 2.15 – 4pm Moving for Life at Cremorne Clubroom

Millman's Street, SW10 0BY. Call Age UK K&C on 0203 1810002 for more information. Gentle chair based movement and exercise routines with Mary Ellen. Bookings and referrals available through Age UK Kensington and Chelsea

Thursdays weekly, 2.15 – 4pm Moving for Life at Salvation Army

205 Portobello Road. Call Age UK K&C on 0203 1810002 for more information. Gentle chair based movement and exercise routines with Mary Ellen. Bookings and referrals available through Age UK Kensington and Chelsea