

## Events and groups in Kensington & Chelsea, April 2018

*All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.*

### **Tuesday 3<sup>rd</sup> April 1- 3pm My Memories Café North at St Peter's Church**

Kensington Park Road, W11 2PN. For more information call 0203 1810002  
Bookings and referrals available through Age UK Kensington and Chelsea.

### **Tuesday 10<sup>th</sup> April 1.30 - 3.30pm Sporting Reminiscence at Lord's Cricket Ground**

Grace Entrance, St. John's Wood Road, NW8 8QN.

To book call Yvonne on 0207 616 8589. Free to attend but booking is essential

### **Friday 20<sup>th</sup> April 2.30pm - 4pm Music for the Moment Concert**

Wigmore Hall, 36 Wigmore Street, W1 2BP. For more information contact Lucy on 020 7321 2702 or [lucy@resonatearts.org](mailto:lucy@resonatearts.org) This month's recital features Royal Academy of Music celloist Rebecca Mc Naught, and trumpeter Katherine Lodge. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required.

### **Saturday 21<sup>st</sup> April 3.30pm Songhaven concert followed by afternoon tea**

Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, WC1H 9RS

The programme will feature a broad range of songs, arias, duets and singalongs.

Followed by Afternoon Tea in the Lumen Cafe. Free but booking is essential.

To book, call 020 7278 1887 or visit [www.songhaven.co.uk](http://www.songhaven.co.uk)

### **Monday 23<sup>rd</sup> April 10.30am Dementia Friendly Screening at Gate Cinema**

87 Notting Hill Gate, Kensington, W11 3JZ. For information phone 0871 902 5731

Free tea, coffee and biscuits from 10.30 am, film at 11am with an interval.

This month: *Gigi*. All tickets £4, carers go free with CEA card.

### **Tuesday 24<sup>th</sup> April 3-4.30pm Hymns and Pimms**

Grosvenor Chapel, 24 South Audley Street, W1K 2PA. For more information contact

Lis Hasted on 020 7499 1684 Come together to share friendship, singing and

refreshment. No need to book, just turn up. Suggested donation £4.

### **Friday 27<sup>th</sup> April 1 – 3pm My Memories Café South at Cremorne Clubroom**

Millman's Street, SW10 0BY. For more information call 0203 1810002

Bookings and referrals available through Age UK Kensington and Chelsea.

### **Monday 30<sup>th</sup> April 1.30-2.15pm Wind at West London Synagogue**

West London Synagogue, 33 Seymour Pl, Marylebone, W1H 5AU. Part of **City of London Sinfonia** relaxed performance series, a 45-minute lunchtime concert, showcasing outstanding musicians in chamber music composed for wind instruments. £5 tickets; no booking fee. Limited mobility/wheelchair users receive a free companion seat.

To book visit [www.cls.co.uk](http://www.cls.co.uk) or call City of London Sinfonia 020 7621 2800

### **Mondays weekly 11.30am – 12:30pm Music Therapy at Royal Albert Hall**

Door 3, Kensington Gore, SW7 2AP. For more information contact Elaine McGregor on 07553 103599 or email [elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk)

Open group, no need to register.

### **Mondays weekly 1 - 2pm, Lunchtime concerts at St Peters Church**

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- **Monday 9<sup>th</sup>** Junior Royal Academy of Music
- **Monday 16<sup>th</sup>** Irena Radic (Piano)
- **Monday 23<sup>rd</sup>** Madeleine Mitchell (Violin) Martin Butler (Piano)
- **Monday 30<sup>th</sup>** Table Music: Mandhira de Saram (Violin) Natalie Rozario (Cello) Ruth Herbert (Piano)

### **Tuesdays, weekly 3- 5pm Singing for the Brain at Alzheimer's Society Hammersmith**

St Vincent's House, 49 Caroline Street, W6 9QH. For more information call Marcia 020 8563 0001 or email [Marcia.Pentney@alzheimers.org.uk](mailto:Marcia.Pentney@alzheimers.org.uk)

For anyone living in Westminster, Hammersmith & Fulham and Kensington & Chelsea. Come together to share friendship, singing and refreshment. No need to book, just turn up. No experience necessary and sessions are free.

### **Thursdays weekly 11am- 1pm from 26<sup>th</sup> April Art Workshops at Saatchi Gallery**

Saatchi Gallery, Duke of York HQ, Kings Road, SW3 4RY. To book, call Peggy on 0777 578 4520 or email [creatingwithdementia@gmail.com](mailto:creatingwithdementia@gmail.com)

Five creative sessions exploring painting and drawing techniques. All refreshments and art materials provided.

***List compiled by Lucy Warren and Emma Nutland, Resonate Arts – an arts programme for people living with dementia - 020 7321 2702 [emma@resonatearts.org](mailto:emma@resonatearts.org)***

*Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact us if you would like to be added to our mailing list*