

## Events and groups in Kensington & Chelsea, February 2019

*All of the following events and weekly sessions are designed for people with some memory loss or living with a dementia, and their carers*

### **Tuesday 5<sup>th</sup> February 1-3pm My Memories Café North at St Peter's Church**

Kensington Park Road, W11 2PN. **This month:** A visit from Royal Institute of British Architects. A light lunch is provided, all welcome. For more information contact **Mandy** on 0203 1810002.

### **Friday 8<sup>th</sup> February 2.30-4pm Music for the Moment Concert St Marylebone Parish Church**

17 Marylebone Rd, NW1 5LT. This month's recital is Royal Academy of Music student's Hannah Gardiner (viola) and Melissa Youngs (clarinet). Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required.

For more information contact **Kathryn** on 020 7321 2702 or [kathryn@resonatearts.org](mailto:kathryn@resonatearts.org)

### **Saturday 9<sup>th</sup> February 3-4.15pm Songhaven Concert at St Paul's Knightsbridge**

32A Wilton Place, SW1X 8SH. Join us for a concert by Alice Privett (soprano), Vivien Conacher (mezzo-soprano) and Chad Vindin (pianist) followed by afternoon tea. Free, booking essential call 020 7201 9999 or visit [www.songhaven.co.uk](http://www.songhaven.co.uk)

**Monday 11<sup>th</sup> February 2-4pm Rainbow Memory Café Tavis House** 1-6 Tavistock Square, WC1H 9NA. This LGBTQ café offers a social environment and safe place for peer support. For more information contact **Sally** in advance at [sally.knocker@openingdoorslondon.org.uk](mailto:sally.knocker@openingdoorslondon.org.uk)

**Wednesday 20<sup>th</sup> February 2-4pm Discover the Wallace Collection** Manchester Square, W1U 3BN. Hear about the Wallace Collection's romantic side. Tea & coffee provided. Booking essential: call **Vanessa** on 020 7563 9577 or email [community@wallacecollection.org](mailto:community@wallacecollection.org)

### **Friday 22<sup>nd</sup> February 1-3pm My Memories Café South at Cremorne Clubroom**

Millman's Street, SW10 0BY. **This month:** Chair Yoga. A light lunch is provided, all welcome. For more info contact **Mandy** at Age UK on 0203 1810002.

### **Monday 25<sup>th</sup> February 10.30am-12.30pm Dementia Friendly Screening at Gate Cinema**

87 Notting Hill Gate, Kensington, W11 3JZ. **This month:** Mammia Mia!: Here we go again! Sing-along £4, carers free with CEA card. Free refreshments from 10.30 am, film 11am plus interval. Call for more info 0871 902 5731

### **Monday 25<sup>th</sup> February 11am-12.30pm InMind at Royal Academy of Arts**

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Free to attend. Fully booked but contact [events.lectures@royalacademy.org.uk](mailto:events.lectures@royalacademy.org.uk) or 020 7300 5839 for cancellations, or to register interest in Resonate Arts allocation (numbers strictly limited) contact **Emma** on 020 7321 2702

**Tuesday 26<sup>th</sup> February 3-4.30pm Hymns and Pimms Grosvenor Chapel**

24 South Audley Street, W1K 2PA. **This month's theme:** Carnival! No need to book, just turn up! Contact **Lis** on 07910 451872 or [lis.hasted@grosvenorchapel.org.uk](mailto:lis.hasted@grosvenorchapel.org.uk)

**Mondays weekly 10.15am-12.30pm Dance for Dementia with Rambert**

99 Upper Ground, SE1 9PP. All abilities welcome, no previous dancing experience necessary. Wear loose clothing and soft-soled shoes. For information and to enroll, contact **Sophie**, 020 3053 3325 or [sophieknowles@rambert.org.uk](mailto:sophieknowles@rambert.org.uk)

**Mondays, weekly 11.30am-12.30pm Music Therapy at Royal Albert Hall,**

Door 3, Kensington Gore, SW7 2AP. Open group, no need to register. For more information contact **Elaine** on 07553 103599 or [email elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk)

**Mondays, weekly 1-2pm, Lunchtime concerts at St Peters Church**

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

**4<sup>th</sup> February** - Quaint Quartet

**11<sup>th</sup> February** - Tadashi Imai (Piano)

**18<sup>th</sup> February**- Atelier String Quartet

**25<sup>th</sup> February** - Grzegorz Mania & Piotr Rozanski (Piano 4 hands)

**Tuesdays, weekly 3-4.30pm Singing for the Brain® Alzheimer's Society, St Vincent's**

House, 49 Queen Caroline Street, W6 9QH. To book your place, contact **Alex** on 020 8563 0001 or 07483 137 522 [hammersmith-fulham@alzheimers.org.uk](mailto:hammersmith-fulham@alzheimers.org.uk)

**Wednesdays, weekly 11am- 1pm Botanical Art Workshops at Chelsea Physic Garden**

66 Royal Hospital Road, SW3 4HS. Booking is essential. Call **Peggy** on 0777 578 4520 or [creatingwithdementia@gmail.com](mailto:creatingwithdementia@gmail.com)

**Thursdays, weekly 2-4pm Singing for the Mind at The Liberal Jewish Synagogue St John's**

Wood. For more information and to book a place please call 020 7286 5181 or [sfm@ljs.org](mailto:sfm@ljs.org)

**Thursdays, weekly 10am-1pm Royal Court Theatre Scriptwriting Project**

Sloane Square, Chelsea, SW1W 8AS. Free, no experience necessary. Please register with a companion on 0207 239 4954 or email [admin@arts4dementia.org.uk](mailto:admin@arts4dementia.org.uk)

*List compiled by **Emma** at Resonate Arts, an arts programme for people living with memory loss and dementia. **Mandy**, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 [MAndrews@aukc.org.uk](mailto:MAndrews@aukc.org.uk)*

*Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / [emma@resonatearts.org](mailto:emma@resonatearts.org)*