

## Events and groups in Kensington & Chelsea, July 2018

*All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.*

### **Tuesday 3<sup>rd</sup> July 1- 3pm My Memories Café North at St Peter's Church**

Kensington Park Road, W11 2PN. For more information contact Mandy on 0203 1810002. This month: the Royal Institute of British Architects (RIBA) will visit to share their work. A light lunch is provided, all welcome.

### **Monday 9<sup>th</sup> July 2-4pm Rainbow Memory Café**

Tavis House, 1-6 Tavistock Square. Contact [sally.knocker@openingdoorslondon.org.uk](mailto:sally.knocker@openingdoorslondon.org.uk) in advance or for more info. The new LGBTQ café offers a safe place for people to gain peer support in a social environment. In Camden, but open to anyone.

### **Tuesday 10<sup>th</sup> July 1.30 - 3.30pm Sporting Reminiscence at Lord's Cricket Ground**

Grace Entrance, St. John's Wood Road, NW8 8QN. To book call Yvonne on 0207 616 8589. Free to attend but booking is essential. Sessions allow people to enjoy different areas of the ground and be in a friendly place to talk about sport, cricket, or whatever you wish.

### **Thursday 12<sup>th</sup> July 2.30-4.45pm Classical Concert with Afternoon Tea at HTB Onslow**

**Square** - St Pauls, 44 Onslow Square, Kensington, SW7 3NX. Doors open at 2.30pm concert starts promptly at 3pm followed by homemade cakes. Concert featuring four cellists who have all won BBC Young Musician at some stage in the last twenty years. They include Sheku Kanneh-Mason who recently played at the royal wedding. No need to book, but get there early for a seat!

### **Monday 16<sup>th</sup> July 2.30pm - 4pm Music for the Moment Concert**

Wigmore Hall, 36 Wigmore St, Marylebone, W1U 2BP. For more information contact Lucy on 020 7321 2702 or [lucy@resonatearts.org](mailto:lucy@resonatearts.org) This month's recital features Elen Roberts soprano and Ben Schilperoort bass-baritone. Refreshments 2.30pm, concert at 3pm. Free, no ticket required.

### **Tuesday 24<sup>th</sup> July 2pm-4pm Discover the Wallace Collection**

Manchester Square, W1U 3BN. Booking essential: call Edwina 020 7563 9577 or email [community@wallacecollection.org](mailto:community@wallacecollection.org). To celebrate Richard Wallace's 200<sup>th</sup> birthday join us for a tour of our new exhibition 'Sir Richard Wallace: The Collector'. Tea & coffee provided.

### **Friday 27<sup>th</sup> July 1 – 3pm My Memories Café South at Cremorne Clubroom**

Millman's Street, SW10 0BY. For more info contact Mandy at Age UK on 0203 1810002.

This month: an interactive arts session with the Wallace Collection. A light lunch is provided, all welcome.

**Saturday 28<sup>th</sup> July 3pm Songhaven Concert followed by afternoon tea**

Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, WC1H 9RS. Free but booking is essential. To book, call 020 7278 1887 or visit [www.songhaven.co.uk](http://www.songhaven.co.uk)

**Monday 30<sup>th</sup> July 10.30am, film 11am Dementia Friendly Screening at Gate Cinema**

87 Notting Hill Gate, Kensington, W11 3JZ. All tickets £4, carers free with CEA card. For info call 0871 902 5731. Free refreshments from 10.30 am, film at 11am with an interval. This month: *The Greatest Showman*.

**Monday 30<sup>th</sup> July 11.30am – 12:30pm Music Therapy at Royal Albert Hall**

Door 3, Kensington Gore, SW7 2AP. For more information contact Elaine McGregor on 07553 103599 or email [elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk). Open group, no need to register.

**Tuesday 31<sup>st</sup> July 3-4.30pm Hymns and Pimms**

Grosvenor Chapel, 24 South Audley Street, W1K 2PA. For more information contact Lis Hasted on 020 7499 1684 Come together to share friendship, singing and refreshment. No need to book, just turn up. Suggested donation £4.

**Mondays weekly 10.15am - 12:30pm Dance for Dementia with Rambert**

99 Upper Ground, SE1 9PP (behind National Theatre). Booking essential contact [rosie.jeffery@rambert.org.uk](mailto:rosie.jeffery@rambert.org.uk) or 020 8630 0616. Each workshop comprises of warm-ups, partner and group exercises, dance and a chance to explore steps from Rambert's repertoire to stimulate movement memory. Wear loose and comfortable clothing.

**Mondays weekly 1 - 2pm, Lunchtime concerts at St Peters Church**

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- 2<sup>nd</sup> July – 'Trifarious', clarinet/ saxophone, violin, piano
- 9<sup>th</sup> July – Daniel Hill (piano), works by Mozart, Ravel, Rachmaninov
- 16<sup>th</sup> July – Laefer Sazxophone Quartet
- 23<sup>rd</sup> July – Christopher Cromar (organ), works by Vierne, Eben, Saint-Seans & Windor

***List compiled by Lucy Warren at Resonate Arts, an arts programme for people living with memory loss and dementia: 020 7321 2702 / [lucy@resonatearts.org](mailto:lucy@resonatearts.org)***

*Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact us if you would like to be added to our mailing list*