Events and groups in Kensington & Chelsea, May 2018

All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.

Tuesday 1st May 1- 3pm My Memories Café North at St Peter's Church Kensington Park Road, W11 2PN. For more information call 0203 1810002 Bookings and referrals available through Age UK Kensington and Chelsea.

Tuesday 8th May 1.30 - 3.30pm Sporting Reminiscence at Lord's Cricket Ground Grace Entrance, St. John's Wood Road, NW8 8QN. To book call Yvonne on 0207 616 8589. Free to attend but booking is essential

Tuesday 22nd May 3-4.30pm Hymns and Pimms

Grosvenor Chapel, 24 South Audley Street, W1K 2PA. For more information contact Lis Hasted on 020 7499 1684 Come together to share friendship, singing and refreshment. No need to book, just turn up. Suggested donation £4.

Thursday 24th May 2.30-4.45pm Classical Concert with Afternoon Tea

at HTB Onslow Square - St Pauls, 44 Onslow Square, Kensington, SW7 3NX. Doors open at 2.30pm concert starts promptly at 3pm followed by homemade cakes. Concert featuring celloist Yuki Ito and pianist, James Lill. No need to book, but get there early for a seat!

Friday 25th May 1 – 3pm My Memories Café South at Cremorne Clubroom Millman's Street, SW10 0BY. For more information call 0203 1810002 Bookings and referrals available through Age UK Kensington and Chelsea.

Friday 25th May 2.30pm - 4pm Music for the Moment Concert

St Marylebone Parish Church, 17 Marylebone Rd, NW1 5LT. For more information contact Lucy on 020 7321 2702 or <u>lucy@resonatearts.org</u> This month's recital features Royal Academy of Music students on violin, piano, contrabass and percussion. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required.

Saturday 26th May 3.30pm Songhaven concert followed by afternoon tea

Lumen United Reformed Church, 88 Tavistock PI, Kings Cross, WC1H 9RS The programme will feature a broad range of songs, arias, duets and singalongs. Followed by Afternoon Tea in the Lumen Cafe. Free but booking is essential. To book, call 020 7278 1887 or visit <u>www.songhaven.co.uk</u>





Monday 28th May 10.30am Dementia Friendly Screening at Gate Cinema

87 Notting Hill Gate, Kensington, W11 3JZ. For information phone 0871 902 5731 Free tea, coffee and biscuits from 10.30 am, film at 11am with an interval. This month: *Carmen Jones.* All tickets £4, carers go free with CEA card.

Mondays <u>weekly from May</u> 14th 10.15-12:30pm Dance for Dementia with Rambert 99 Upper Ground, SE1 9PP (behind National Theatre). Wear loose clothing, no experience necessary. Booking essential contact rosie.jeffery@rambert.org.uk or 020

Mondays weekly 11.30am – 12:30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. For more information contact Elaine McGregor on 07553 103599 or email <u>elaine.mcgregor@nordoff-robbins.org.uk</u> Open group, no need to register.

Mondays weekly 1 - 2pm, Lunchtime concerts at St Peters Church

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- Monday 7th May Dominic John (Piano)
- Monday 14th May Elizabeth Cooney (Violin) & Gerry Peregrine (Cello)
- Monday 21st May First World War Clarinet & Poetry with Chris Hooker

Tuesdays up to and including 15th May, <u>weekly</u> 3- 5pm Singing for the Brain Alzheimer's Society Hammersmith St Vincent's House, 49 Caroline Street, W6 9QH. For more information call Marcia 020 8563 0001/ <u>Marcia.Pentney@alzheimers.org.uk</u> For anyone living in Westminster, Hammersmith & Fulham and Kensington & Chelsea. Share friendship, singing and refreshment. No need to book, just turn up. No

experience necessary and sessions are free.

Thursdays weekly 11am- 1pm from 26th April Art Workshops at Saatchi Gallery

Saatchi Gallery, Duke of York HQ, Kings Road, SW3 4RY. To book, call Peggy on 0777 578 4520 or email <u>creatingwithdementia@gmail.com</u>

Five creative sessions exploring painting and drawing techniques. All refreshments and art materials provided.

List compiled by Resonate Arts, an arts programme for people living with memory loss and dementia: 020 7321 2702 / <u>lucy@resonatearts.org</u>

Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact us if you would like to be added to our mailing list



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