

## Events and groups in Kensington & Chelsea, October 2017

*All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.*

**Tuesday 3<sup>rd</sup> October 1 - 3pm My Memories Café North at St Peter's Church**  
Kensington Park Road, W11 2PN. Bookings and referrals available through Age UK Kensington and Chelsea, call Tasio on 0203 1810002.

**Thursday 5<sup>th</sup> October 2.30 – 4.45pm Classical Concert with afternoon tea**  
at Holy Trinity Brompton, 44 Onslow Square, SW7 3NX. This concert: Michael Bochmann – violin and Esther Cavett – piano. No need to book but get there early for a seat!

**Saturday 7<sup>th</sup> October 2:30pm Songhaven concert followed by afternoon tea**  
Lumen United Reformed Church, 88 Tavistock Pl, Kings Cross, London WC1H 9RS.  
*“Love Knows No Distance“*: A concert of popular operatic and musical theatre favourites as well as some comic songs for good measure. Featuring special guest artists Dominic Walsh (tenor), Felix Kemp (baritone), and Chad Vindin (pianist) Free but booking is essential; call 020 7278 1887 or visit [www.songhaven.co.uk](http://www.songhaven.co.uk).

**Monday 9<sup>th</sup> October 10.45am – 12.15pm Dance with Rambert & Wallace Collection**  
Rambert dance company and Wallace collection are teaming up for two workshops on 9<sup>th</sup> and 16<sup>th</sup> October Together we will be looking at some of the beautiful paintings at the Wallace and bringing them to life through movement with dance. At **Wallace Collection** Manchester Square, W1U 3BN –Tea & coffee provided. Booking essential - email [community@wallacecollection.org](mailto:community@wallacecollection.org) or call Sarah 020 7563 9577

**Tuesday 10<sup>th</sup> October 1.30pm-3.30pm Sporting Reminiscence Session at Lord's**  
Cricket Ground, Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend but booking is essential, to book call Yvonne on 0207 616 8589

**Monday 16<sup>th</sup> October 10.45am – 12.15pm Dance with Rambert & Wallace Collection**  
Rambert dance company and Wallace collection are teaming up for two workshops on 9<sup>th</sup> and 16<sup>th</sup> October Together we will be looking at some of the beautiful paintings at the Wallace and bringing them to life through movement with dance. At **Rambert** 99 Upper Ground, London SE1 9PP. Tea & coffee provided. Booking essential - [community@wallacecollection.org](mailto:community@wallacecollection.org) or call Sarah on 020 7563 9577

**Friday 27<sup>th</sup> September 1 – 3pm My Memories Café South at Cremorne Clubroom**  
Millman's Street, SW10 0BY. Bookings and referrals available through Age UK Kensington and Chelsea, call Tasio on 0203 1810002

**Friday 27<sup>th</sup> October 2.30pm - 4pm Music for the Moment concert** at Marylebone Parish Church. With students from Royal Academy of music, this month: Matthew Wilsher (Clarinet) and Lydia Caines (Violin) Refreshments served. Free, no need to book. For information contact Lucy on 020 7321 2702 or [lucy@resonatearts.org](mailto:lucy@resonatearts.org)

**Tuesday 31<sup>st</sup> October 3 – 4.30pm Hymns and Pimms** at Grosvenor Chapel South Audley Street, London W1K 2PA. Come together to share memories stimulated by singing, friendship and refreshments. No need to book, suggested donation of £1. Contact Lis Hasted on 020 7499 1684

**Mondays weekly 11.30am – 12:30pm Music Therapy at Royal Albert Hall** Door 3, Kensington Gore, SW7 2AP. Contact Elaine McGregor on 07967 696891 or email [elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk). Open group, no need to register.

**Mondays weekly 1 - 2pm, Lunchtime concert at St Peters Church**

Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- 2nd October - Michal Wesolowski (Clarinet) Malgorzata Czapor (Piano)
- 9th October - Tülay Uyar (Soprano) Nurser Urgan (Piano)
- 16th October - Victoria Mavromoustaki (Violin) Eleni Mavromoustaki (Piano)
- 30th October - Hannah McCarthy (Saxophone) Simon Watterton (Piano)

**Tuesdays weekly 3.30 - 5pm Singing for the Brain at Ark Home Healthcare** (ends October 31<sup>st</sup>) 42 Westbourne Park Road, W2 5PH. Anyone living with dementia or affected by it who is a resident in the boroughs of Westminster, Hammersmith & Fulham and Kensington & Chelsea can attend. For more information or to confirm attendance, please contact Marianne 020 7561 4820 or email [islington@alzheimers.org.uk](mailto:islington@alzheimers.org.uk)

**Wednesdays weekly, 2.15 – 4pm Moving for Life at Cremorne Clubroom** Millman's Street, SW10 0BY. Call Age UK K&C on 0203 1810002 for more information. Gentle chair based movement and exercise routines with Mary Ellen. Bookings and referrals available through Age UK Kensington and Chelsea

**Thursdays weekly, 2.15 – 4pm Moving for Life at Salvation Army** 205 Portobello Road. Call Age UK K&C on 0203 1810002 for more information. Gentle chair based movement and exercise routines with Mary Ellen. Bookings and referrals available through Age UK Kensington and Chelsea

*List compiled by Lucy Warren, Resonate Arts 020 7321 2702 / [lucy@resonatearts.org](mailto:lucy@resonatearts.org)*