

## Events and groups in Kensington & Chelsea, October 2018

*All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.*

### **Tuesday 2<sup>nd</sup> October 1- 3pm My Memories Café North at St Peter's Church**

Kensington Park Road, W11 2PN. For more information contact Mandy on 0203 1810002. A light lunch is provided, all welcome.

### **Wednesday 3<sup>rd</sup> October 11am- 1pm Botanical Art Workshops at Chelsea Physic Garden**

66 Royal Hospital Road, London SW3 4HS. Class will be led by *Picassos in the Park*. Booking is essential. Call Peggy on 0777 578 4520 or [creatingwithdementia@gmail.com](mailto:creatingwithdementia@gmail.com)

### **Thursday 4<sup>th</sup> October 3pm Classical Concert at HTB Onslow Square**

44 Onslow Square, Kensington, SW7 3NX. An afternoon celebration with a musical performance from Max Baillie followed by tea and cake. If you would like to attend, please do turn up on the day - there is no need to book in advance. **Doors open at 2.30pm.**

### **Monday 8<sup>th</sup> October 2-4pm Rainbow Memory Café**

Tavis House, 1-6 Tavistock Square, WC1H 9NA. The new LGBTQ café offers a social environment and safe place for peer support. Contact Sally Knocker in advance at [sally.knocker@openingdoorslondon.org.uk](mailto:sally.knocker@openingdoorslondon.org.uk) for more information.

### **Tuesday 9<sup>th</sup> October 1.30-3.30pm Sporting Reminiscence at Lord's Cricket Ground**

Grace Entrance, St. John's Wood Road, NW8 8QN. Free to attend, but booking is essential: call Yvonne on 0207 616 8589

### **Friday 12<sup>th</sup> October 2.30-4pm Music for the Moment Concert**

St Marylebone Parish Church, 17 Marylebone Rd, NW1 5LT. This month's recital features the Czigany String quartet. Refreshments served from 2.30pm, concert at 3pm. Free - no ticket required. For more information contact Lucy on 020 7321 2702 or [lucy@resonatearts.org](mailto:lucy@resonatearts.org)

### **Monday 15<sup>th</sup> October 11am – 12.30pm InMind at Royal Academy of Arts**

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Fully booked but contact [events.lectures@royalacademy.org.uk](mailto:events.lectures@royalacademy.org.uk) or 020 7300 5839 for cancellations, or to register interest in Resonate Arts allocation 020 7321 2702

### **Tuesday 16<sup>th</sup> October 10.30am- 1.30pm Come and Sing!**

Wigmore Hall 6 Wigmore St, Marylebone, London W1U 2BP. Choir taster session. Free but booking essential via Kathryn at Resonate Arts on 020 7321 2702 / [kathryn@resonatearts.org](mailto:kathryn@resonatearts.org)

### **Saturday 20<sup>th</sup> October 3.30pm, Songhaven at the Bloomsbury Festival**

Lumen Church 88 Tavistock Place, London, WC1H 9RS. The 40-minute concert programme followed by afternoon tea. Tickets £8 (includes tea & cake). Booking essential - call 020 3108 1000 or [bloomsburyfestival.org.uk](http://bloomsburyfestival.org.uk)

**Monday 22<sup>nd</sup> October 10.30am, film 11am Dementia Friendly Screening at Gate Cinema**  
87 Notting Hill Gate, Kensington, W11 3JZ. All tickets £4, carers free with CEA card. Free refreshments from 10.30 am, film at 11am with an interval. This month: *The Producers: 50<sup>th</sup> Anniversary Restoration* For info call 0871 902 5731

**Friday 26<sup>th</sup> October 1 – 3pm My Memories Café South at Cremorne Clubroom**  
Millman's Street, SW10 0BY. For more info contact Mandy at Age UK on 0203 1810002. A light lunch is provided, all welcome.

**Mondays weekly 11.30am – 12:30pm Music Therapy at Royal Albert Hall**  
Door 3, Kensington Gore, SW7 2AP. For more information contact Elaine McGregor on 07553 103599 or email [elaine.mcgregor@nordoff-robbins.org.uk](mailto:elaine.mcgregor@nordoff-robbins.org.uk) Open group, no need to register.

**Mondays weekly 10.15-12.30 Dance for Dementia** Rambert, 99 Upper Ground, SE1 9PP. Refreshments; wear loose clothing. For info call 020 3053 3325 [sophieknowles@rambert.org.uk](mailto:sophieknowles@rambert.org.uk)

**Mondays 1-2pm, Lunchtime concerts at St Peters Church** Kensington Park Road, W11 2PN. Free concerts, open to anyone:

- 3<sup>rd</sup> October Don Gibbons (piano)
- 10<sup>th</sup> October Sandringham School
- 17<sup>th</sup> October St Albans High School
- 24<sup>th</sup> October Beaumont School Musicians
- 31<sup>st</sup> October Harmoniemusik

**Tuesdays weekly 11am- 1pm Art Workshops at the Saatchi Gallery**  
Duke of York's HQ, King's Rd, Chelsea, SW3 4RY. Booking is essential. Call Peggy on 0777 578 4520 or [creatingwithdementia@gmail.com](mailto:creatingwithdementia@gmail.com)

**Tuesdays weekly 2-4pm Singing for the Brain<sup>®</sup>**  
St Stephen's Church, Rochester Row, Westminster, SW1P 1LE. For more information and to book your place, please contact Alexandra from the Alzheimer's Society on 020 8563 0001 or 07483 137 522. [hammersmith-fulham@alzheimers.org.uk](mailto:hammersmith-fulham@alzheimers.org.uk)

**Friday weekly 10.30am—12.15pm Ballet Workshops, Arts 4 Dementia & ROH**  
Royal Opera House, Clore Studio, Bow St, London, WC2E 9DD. The workshops will be based on the company's repertoire for Winter 2018, including The Nutcracker. Register for all sessions by calling Arts 4 Dementia on 020 7239 4954.

*List compiled by Lucy and Emma at Resonate Arts, an arts programme for people living with memory loss and dementia. Mandy Andrews, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 [MAndrews@aukc.org.uk](mailto:MAndrews@aukc.org.uk)*

*Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / [emma@resonatearts.org](mailto:emma@resonatearts.org)*