

Events and groups in Kensington & Chelsea, September 2018

All of the following events and weekly sessions are designed for or open to people with some memory loss and their carers.

Tuesday 4th September 1- 3pm My Memories Café North at St Peter's Church

Kensington Park Road, W11 2PN. For more information contact Mandy on 0203 1810002.

This month: Craft with Chrissy, making your own personal Stress-Ease. A light lunch is provided, all welcome.

Saturday 8th September 3.30pm Songhaven Concert followed by afternoon tea

Lumen United Reformed Church, 88 Tavistock Pl, WC1H 9RS. A 40 minute programme including a range of songs, arias, duets, and a singalong or two for good measure.

Featuring Vivien Conacher (mezzo-soprano), Alistair Ollerenshaw (baritone), and Mina Beldimanescu (pianist) followed by afternoon tea. Free, booking is essential call 020 7278 1887 or visit www.songhaven.co.uk

Monday 10th September 2-4pm Rainbow Memory Café

Tavis House, 1-6 Tavistock Square. Contact sally.knocker@openingdoorslondon.org.uk in advance or for more info. The new LGBTQ café offers a safe place for people to gain peer support in a social environment. In Camden, but open to anyone.

Tuesday 11th September 1.30 - 3.30pm Sporting Reminiscence at Lord's Cricket Ground

Grace Entrance, St. John's Wood Road, NW8 8QN. To book call Yvonne on 0207 616 8589.

Free to attend but booking is essential. Sessions allow people to enjoy different areas of the ground and be in a friendly place to talk about sport, cricket, or whatever you wish.

Monday 17th September 11am – 12.30pm In Mind at Royal Academy of Arts

Burlington Gardens entrance, 6 Burlington Gardens, W1S 3ET. Tea, art making and conversation about art works. Free to attend. Booking for the next 3 months opens on 12th September, act fast to ensure your place! Contact events.lectures@royalacademy.org.uk or 020 7300 5839 or to register priority booking contact Kathryn on 020 7321 2702

Monday 24th September 10.30am -12:30pm Dementia Friendly Screening at Gate

Cinema 87 Notting Hill Gate, Kensington, W11 3JZ. All tickets £4, carers free with CEA card. Free refreshments from 10.30 am, film at 11am with an interval.

This month: *Bye Bye Birdie* For information or to book call 0871 902 5731

Friday 28th September 1 – 3pm My Memories Café South at Cremorne Clubroom

Millman's Street, SW10 0BY. For more info contact Mandy at Age UK on 0203 1810002.

This month: A visit from The Science Museum. A light lunch is provided, all welcome.

Friday 28th September 3pm, BBC Music Day at St Paul's Knightsbridge

2a Wilton Place, SW1X 8SH. The 40-minute concert programme will be brimming with favourite melodies from the operatic stage, tunes from the classic musicals, and well-loved songs from the past. Performed by Eleanor Ross (soprano), Vivien Conacher (mezzo-soprano), and Benedict Lewis-Smith (pianist), followed by a relaxed and social afternoon tea. Free, booking is essential: Call 020 7201 9999 or visit www.songhaven.co.uk

Mondays weekly from 17th Sep 11.30am – 12:30pm Music Therapy at Royal Albert Hall

Door 3, Kensington Gore, SW7 2AP. For more information contact Elaine McGregor on 07553 103599 or email elaine.mcgregor@nordoff-robbins.org.uk
Open group, no need to register.

Tuesdays weekly from 28th August 2-4pm Singing for the Brain®

St Stephen's Church, Rochester Row, Westminster, SW1P 1LE. For more information and to book your place, please contact Alexandra from the Alzheimer's Society on 020 8563 0001 or 07483 137 522. hammersmith-fulham@alzheimers.org.uk

Wednesdays weekly 11am- 1pm Botanical Art Workshops at Chelsea Physic Garden

66 Royal Hospital Road, London SW3 4HS. Each class will be led by *Picassos in the Park*. Booking is essential. Call Peggy on 0777 578 4520 or creatingwithdementia@gmail.com

List compiled by Lucy and Emma at Resonate Arts, an arts programme for people living with memory loss and dementia

Mandy Andrews, Dementia Advisor for Kensington and Chelsea, AGE UK Kensington and Chelsea, 020 8960 8137 MAndrews@aukc.org.uk

Monthly listings are available in Westminster, Kensington & Chelsea and Hammersmith & Fulham. Please contact Emma for more information or if you would like to be added to our mailing list: 020 7321 2702 / emma@resonatearts.org