



Events and Things To Do in Westminster, December 2017



All of the following events and weekly sessions are designed for people with some memory loss or in the early stages of dementia, and their carers

Wednesday 6th December 2.30pm-4.30pm Westminster Memory Café South

Come and join in the festivities at our Christmas party! Victoria Medical Centre, 29 Upper Tachbrook Street, SW1V 1SN. Free, no need to book, just turn up! **Call Mandy on 07540 502 379 for more info**

Monday 11th December 11am – 12.30pm In Mind at Royal Academy of Arts Tea and conversation about art works at Burlington House, Piccadilly, free to attend. **Fully booked - contact events.lectures@royalacademy.org.uk or 020 7300 5839 to check late availability or contact Kathryn on 020 7321 2702**

Monday 11th December 2-4pm Rainbow Memory Café The new LGBTQ Rainbow Memory Café offers a safe place for people to meet and gain peer support in a social environment. In Camden but open to anyone. Tavis House, 1-6 Tavistock Square.

Contact Sally Knocker for info at sally.knocker@openingdoorslondon.org.uk

Wednesday 13th December 2pm-4pm Discover the Wallace Collection Manchester Square, W1U 3BN – Tea & coffee provided. Booking essential - email community@wallacecollection.org or call Sarah 020 7563 9577

Tuesday 19th December 3pm-4.30pm Hymns and Pimms come together to share friendship, singing and refreshment - celebrating the run up to Christmas! Grosvenor Chapel, 24 South Audley Street W1K 2PA. No need to book, just turn up! Suggested donation £4. **Call Lis Hasted on 020 7499 1684 for more information.**

Wednesday 20th December 2.30pm-4.30pm Westminster Memory Café North

Come and join in the festivities at our Christmas party! 42 Westbourne Park Road, W2 5PH. No experience necessary, free, no need to book, just turn up!

Call Mandy on 07540 502 379 for info

Video + tea/Music therapy group at the Royal Albert Hall: NOTE NO DECEMBER SESSIONS

List compiled by Kathryn Gilfoy, Resonate Arts (020 7321 2702), and

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