Reminiscence and the Arts Training Day

Monday 11th September 2023

Arrive 9:45am for 10am start and finishing at 4:30pm

The European Reminiscence Network are running a Training Day for people interested in Reminiscence and the Arts and want to find out more about the Remembering Yesterday Caring Today project.



Remembering Yesterday Caring Today session

This experiential training day will use practical activities, identify the main elements of the Remembering Yesterday Caring Today project and share evidence of the impact of this work on families living with dementia.

Together we will share memories and then explore these through drawing, enactment, objects and music. We will also hear from a family carer who has been part of a Remembering Yesterday Caring Today project who will share their experiences.

We will have time to think about how we facilitate and support the range of responses to reminiscence and the arts by people living with dementia and their families.

Attendees will have an opportunity to further develop their knowledge and skills by joining the Remembering Yesterday Caring Today project as volunteers supporting people living with dementia, their carers, family and friends. The project is run in partnership with Resonate Arts and will take place at Barrow Hill Village Club from 18th September for 10 weeks.

Venue: Barrow Hill Village Club, 5 Allitsen Rd, London NW8 7BD

Tea, coffee and a light sandwich lunch are provided. Please let us know of any specific dietary requirements before 1st September.

Cost: £80

PLACES ARE LIMITED - To book your place or to find out more, please contact Katie at Resonate Arts:

Tel: 0300 030 7212 Email: <u>katie@resonatearts.org</u>

More info: http://www.rememberingyesterdaycaringtoday.com/



