



Resonate Now

July 2020

Dear all

Spring has turned to summer - we know this because the rain has started! But you can't have rainbows without the rain, and I think you'd agree that we all feel cheered by a rainbow, and my courgettes like it! Elizabeth from the **Victoria and Albert museum** has written about some amazing rainbow shoes in their collection – and she looks forward to showing you other wonderful things from the museum on future Closer Look tours.

As many of you know I love singing, and whilst we don't have live concerts at the moment, it's great to sing at home - and there's lots to see and hear online if you have access to a computer. This month we feature Katie Lodge, a trumpeter at the **Royal Academy of Music** who has performed at one of our Music for the Moment concerts at Marylebone church and Wigmore Hall, which we all miss, along with the **Songhaven** concerts in St Paul's, Knightsbridge, so we have included links to their music/concerts.

I'm sorry to be informing you that I will be leaving Resonate Arts at the beginning of August. I have had health problems for a while, and it is time to focus on them. I will miss you all so very much, however I am leaving with many happy memories of our times together, and I hope to see you at a concert once the lockdown is over.

I am hugely proud of all that we have achieved together over the 11 years, developing a wide programme of arts project and events, training artists and volunteers, supporting other organisations to increase their offer for people living with memory loss, and of course producing and sending out the monthly list of events, which I know you are itching to get back to... Meanwhile, keep singing - we are including some lyrics of songs about rainbows to get you started, and I would be delighted to see any poems or pictures that you create!

I wish you all the best for the future and send you lots of love!

Best wishes,

Kathryn (and Julie)

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Somewhere over the rainbow

Somewhere over the rainbow, way up high
There's a land that I heard of once in a lullaby,
Somewhere over the rainbow skies are blue
And the dreams that you dare to dream
Really do come true

Someday I'll wish upon a star and
Wake up where the clouds are far behind me
Where trouble melts like lemon drops
Away above the chimney tops
That's where you'll find me

Somewhere over the rainbow, blue birds fly
Birds fly over the rainbow
Why, then oh why can't I?

Over the Rainbow: sing along with Songhaven
<https://bit.ly/3jj0z5V>

What a wonderful world

I see trees of green, red roses too
I watch them bloom for me and for you
And I think to myself, what a wonderful world

I see skies of blue, clouds of white
The bright blessed day, the dark sacred night
And I think to myself, what a wonderful world

The colours of the rainbow so pretty in the sky
Are also on the faces of people passing by
I see friends shaking hands
Saying, 'How do you do?'
They're really saying, 'I love you'

I hear babies cry, I watch them grow
They'll learn much more than I'll ever know
And I think to myself, what a wonderful world

Add your own verse:

I see
And I think to myself, what a wonderful world

Songhaven at home: for a concert which includes Moon river, filmed at St Pauls Knightsbridge, click [here](#). For a printable programme to follow/sing along with, click [here](#).

Mezzo-soprano and founder of Songhaven Vivien Conacher says, '*We hope these online films are the next best thing to a live concert experience! We recommend that you print the programme, get comfy, and enjoy with a beverage of your choice!*'

Sign up to receive concert viewing links and printable programmes directly via
<http://www.songhaven.co.uk/subscribe>, or email songhaven@songhaven.co.uk

Moon river

Moon river wider than a mile
I'm crossing you in style some day
Oh dream maker, you heartbreaker
Wherever you're going
I'm going your way

Two drifters off to see the world
There's such a lot of world to see
We're after the same rainbows end
Waiting round the bend
My Huckleberry friend
Moon river and me

Make your own **rainbow poem/song** by filling in things that make you happy or you are grateful for:

R is for.....

A is for.....

I is for.....

N is for.....

B is for.....

O is for

W is for

Rainbow sandals in the Victoria and Albert museum

by Elizabeth Hamilton, V&A Guide for the Closer Look tours.

Whenever I see a rainbow, I am always inspired to start singing songs about rainbows...

Sing a rainbow

Red and yellow and pink and green
Purple and orange and blue,
I can sing a rainbow,
Sing a rainbow,
Sing a rainbow too.

Listen with your ears,
Listen with your eyes,
And sing everything you see!
I can sing a rainbow,
Sing a rainbow,
Sing along with me



Over the past few months we have become used to seeing pictures of rainbows in the windows of our neighbours. Perhaps you too have a rainbow picture in your front window as a way of showing your appreciation for the NHS workers – doctors, nurses, carers and also for all those who kept their shops open, making deliveries to our doorsteps, for our postmen and dustmen.

The rainbow is such symbol of hope, is it not? Do we not always marvel at the rows of 7 colours arching in the sky when it rains through the sunshine? The most famous rainbow is that in the Bible when God sends a bow in the sky to Noah as a symbol of His support. We also joke about that pot of gold that lies at the foot of the rainbow. I have never reached it!

Rainbows appear in so many paintings and designs and always cheer us somehow, and certainly Ferragamo's platform sandals you see above are cheerful. The colours may not quite match the colours we see in the sky, but do you see how the sole at the front of the sandal is an upside-down arch or bow? Ferragamo in this 2015 design has used the woven raffia technique long associated with the Tuscan region of Italy. Not a pair of sandals to wear when chasing rainbows though!

As we come out of lockdown and get out into the world on walks in the park, why not take a camera and snap lovely things that catch your eye. Or take a sketchbook - that is always a conversation starter! And it's not too late to put up a picture of a rainbow in your window like this one Kathryn saw:



Artist of the Month

Each month we are featuring one of our lovely volunteer Creative Befrienders or volunteers. Katie has performed at a memory café and supported Silver Sunday at the Wallace Collection and our Music for Thought project, as well as helping in the office!

This month we meet:

Katie Lodge, Royal Academy of Music Fellow

Artform / Interests: I am a trumpet player performing with orchestras and smaller brass groups.



Where are you living at the moment?

I'm living in my flat in Stoke Newington, North East London.

Tell us what you can see:

I can see my new bright green velvet sofa, the softest most comfy thing I have ever owned!

What's keeping you busy at the moment?

I don't have a lot to do at the moment, because orchestral concerts have been put on pause to keep everyone safe in the pandemic. I am, however, still practicing the trumpet, and learning a little bit of Arabic in my spare time, just for fun.

Tell us your favourite thing about practicing your art form?

Practicing the trumpet is a world away from playing an instrument like a piano, because you can't see the movement inside a trumpet player's mouth like you can a pianist's fingers! This means there is a lot of guesswork and experimentation needed in my practice, and that I get to use my imagination and have a bit of fun in the process.

Do you have a favourite musician?

My favourite musician is Esperanza Spalding. She is a jazz musician, and often sings and plays the double bass at the same time (which must be very hard...). She has an amazing, soulful voice and the dancing rhythm of her songs always makes me happy!

Is there anything you would like to share?

I would like to share a video from a concert I recorded in my living room a couple of weeks ago. I am playing George Gershwin's **Someone to Watch Over Me**, which is one of my favourite pieces. I hope you enjoy it! *If you have access to the internet, copy this link into your internet browser <https://bit.ly/30pMc7l>*

**There's a somebody I'm longin' to see
I hope that he turns out to be
Someone who'll watch over me**

**I'm a little lamb who's lost in the wood
I know I could, always be good
To one who'll watch over me**