

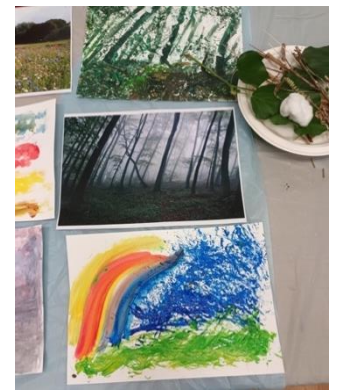
## Resonate Now – August 2022

Hello everyone!

We do hope you are managing to keep cool in this hot weather.

To celebrate the summer, we're delighted to announce that we'll be throwing a party at St Peter's Church, Notting Hill on Thursday 8<sup>th</sup> September – read all about it below!

This month we're sharing some brilliant artwork from our Creative Space participants who meet monthly to spend a relaxing afternoon together creating art and exploring different materials, with support and encouragement from our wonderful resident artist Katie Turnbull. In July's workshop, participants made brushes and mark makers out of natural found objects and used them to paint colourful and dramatic landscapes.



### Creative Corner

If you fancy creating something to go in a future edition of our newsletter, please get in touch. This could be a drawing, photo or painting, for example, or maybe a short poem or reflection that you would like to share. Please include your name and [email us](#) or post to: Resonate Arts, 12 Carlton House Terrace, London SW1Y 5AH. We'll do our best to feature it!

### Resonate Arts' Summer Celebration!

**Thursday 8<sup>th</sup> September 2022, 2pm – 4pm**

**St Peter's Church, Kensington Park Road, Notting Hill W11 2PN**

Come to our end of summer gathering and meet with friends old and new. We would love to see you there.

Enjoy a relaxed informal atmosphere with music, tea, plenty of cake, joyful art work and fun activities – even some dancing if you fancy it!

It's also a chance to hear about our plans for the autumn and tell us what YOU want to do!

Contact us on **0300 030 7212** to find out more and let us know you're coming.

## Other news

**Summer at the Wallace Collection**, Manchester Square, W1U 3BN. The Wallace Collection is hosting a dementia friendly creative workshop, led by artist Luisa Rivera, on **Thursday 18<sup>th</sup> August, 2pm – 4pm**. This includes a tour of the galleries, a creative activity, chat and refreshments. To book, contact Holly: 020 7563 9577 or [community@wallacecollection.org](mailto:community@wallacecollection.org)

Our monthly **Creative Space** sessions continue to take place at St Anne's Church in Soho, on the second Monday of the month. Do get in touch with us if you fancy having a go at some creative arts in a friendly atmosphere. Next session: **Monday 8<sup>th</sup> August, 2pm – 3.45pm**.

Our **Singing with Friends Choir** will restart on **Tuesday 6<sup>th</sup> September** at **Wigmore Hall**. We still have a few places left in the choir, please get in touch if you're interested. If you would prefer to join us online at home, there are plenty of places available in the online choir.

**Music for Thought** at **Wigmore Hall** will run again in **October** and **November**. More details about this and our next **Music for the Moment** concert in September's newsletter.

We're also planning to run an event for **Silver Sunday** on **2<sup>nd</sup> October** with our partners Wigmore Hall, Wallace Collection and the Royal Academy of Music. Keep an eye out for further details in September's newsletter.

Please do get in touch if you would like to book a place for any of our activity listings.

## Our ever radiant faces....



**Jude Sweeting**  
Chair of Trustees



**Sam Curtis**  
Director



**Shelley Hastings**  
Projects Manager



**Sofi Mogensen**  
Projects Manager



**Katie Turnbull**  
Artist

As always, we look forward to seeing you at one of our events soon.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#). All donations are gratefully received and make a significant difference to our work.

## Westminster event listings – August 2022

### Memory Café South **Tues 2<sup>nd</sup> August, 2.30pm – 4.30pm**

St. James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

Providing group based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: [Saskia.Fentiman@candhealthcare.co.uk](mailto:Saskia.Fentiman@candhealthcare.co.uk) / Tel: **07783 166 398**.

### Memory Café North **Wed 31<sup>st</sup> August, 2.30pm – 4.30pm**

42 Westbourne Park Road, W2 5PH

Providing group based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: [Saskia.Fentiman@candhealthcare.co.uk](mailto:Saskia.Fentiman@candhealthcare.co.uk) / Tel: **07783 166 398**.

### Maintenance Cognitive Stimulation Therapy (MCST) **Every Tues, 2pm**

Beethoven Centre, Third Avenue, W10 4JL

A supportive environment with activities to help maintain memory and mental function. For mild-moderate dementia. Call Clare Davies on **07498 469 737** / [clare.davies@ageukwestminster.org.uk](mailto:clare.davies@ageukwestminster.org.uk)

### Singing for the Mind **Every Thurs, 2pm**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact [sfm@ljs.org](mailto:sfm@ljs.org) or **020 7286 5181** to learn more and to register.

### Reminiscence Sessions **Tues 2<sup>nd</sup> August, 1.30pm – 3.30pm**

Lord's Cricket Ground, St John's Wood Road, NW8 8QN

Join these free monthly sessions for a friendly chat and light refreshments.

**Please book** on **020 7616 8604** or email [community@mcc.org.uk](mailto:community@mcc.org.uk)

### Resonate Creative Space **Mon 8<sup>th</sup> August, 2pm – 3.45pm**

St Anne's Church, 55 Dean Street, W1D 6AF

Come to our monthly meeting space for conversation and creative activity led by our resident artist. To book your free place, contact Shelley: **07483 320 510** / [shelley@resonatearts.org](mailto:shelley@resonatearts.org)

### Heart of Westminster – Age UK Memory Café Westminster **Mon 15<sup>th</sup> August, 11am – 12:30pm**

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers to get together. Contact Clare Davies on: **07498 469 737** / [clare.davies@ageukwestminster.org.uk](mailto:clare.davies@ageukwestminster.org.uk)

### Songhaven Concert **Sat 20<sup>th</sup> August, 3pm**

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH

Enjoy a relaxed 45 min concert (and tea afterwards) in one of London's most beautiful churches.

**Please book** via the [Songhaven website](#), call **020 7201 9999** or email [songhaven@songhaven.co.uk](mailto:songhaven@songhaven.co.uk)

### Video and Tea **Wed 24<sup>th</sup> August, 1:30pm – 4:30pm**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Ladies in Lavender' followed by a delicious tea including ice-cream.

No need to book, tickets are £2 on the day. For more info, contact **020 7286 5181**.

## Listings produced by Resonate Arts for people living with dementia, their supporters & carers

If it is your first time attending any of the events above, we recommend contacting the provider in advance to book your place. This will provide opportunity to discuss details around Covid-19 guidance, access requirements, or for support with travel plans.

Contact **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)