

Resonate Now – July 2022

Hello everyone!

July is here and finally it feels like Summer.

We enjoyed a wonderful day of celebration at the Wallace Collection on 5th June. Resonate Arts participants and supporting family and friends came together to enjoy a fun tea party with live music, a guided tour of the Wallace Collection and the chance to do a spot of drawing and painting, inspired by the impressive art collection on display.

And the star attraction? The ‘final reveal’ of your fabulous collaborative artwork, ‘In the Joy Fantastic’, which many of you contributed to at the creative art workshops led by our brilliant resident artist Katie Turnbull. Capturing your feelings of joy and celebration in life, it provided the perfect setting for us to come together for the Queen’s Platinum Jubilee. Do keep an eye out for the joyful banner as it sets off on tour around venues in Westminster!



Our ‘In The Joy Fantastic’ celebration was also the ideal opportunity for me to meet many of you for the first time. My name is Sofi and I joined Resonate Arts at the start of June as Projects Manager for our Creative Befrienders programme. I will be developing the programme to increase our number of volunteers offering 1 to 1 creative activities at home, as well as reaching out to more people from the communities of Westminster, Kensington and Chelsea who might like to be part of our Creative Befriending service.

I have a background in music journalism and previously ran a creative arts and fitness programme for older adults in social housing. I am thrilled to be working for Resonate Arts and it was an absolute pleasure to spend my first day at work with a group of you, exploring some of the many treasures at the Victoria & Albert Museum. I am really looking forward to meeting even more of you over the coming months!

Other news

Our monthly **Creative Space** sessions take place in Soho **every second Monday (2pm – 3.45pm)**, for people living in Westminster. A recent workshop led by resident artist, Katie Turnbull, involved making templates and printing patterns and landscapes.

Our vibrant **Singing with Friends Choir** continues to meet on a Tuesday in person at **Wigmore Hall (5, 12 July at 10.45am)** and fortnightly online (**5 July at 1.30pm**). The choir is also working towards a sharing at **midday on Tuesday 19th July at Wigmore Hall**. If friends/professionals of Resonate Arts would like to attend, please contact Shelley.

We still have some spaces left on our lovely **Music for Thought** series with **Royal Academy of Music** and **Wigmore Hall** on **Thursday 7th July**. Please call or email us for more details and to book your space.

Please do get in touch if you would like to book a place for any of our activity listings.

If it is your first time attending any of the events listed below, we recommend contacting the provider in advance to book your place. This will provide opportunity to discuss details around Covid-19 guidance, access requirements, or for support with travel plans.

Our ever radiant faces...



Jude Sweeting
Chair of Trustees



Sam Curtis
Director



Shelley Hastings
Projects Manager



Sofi Mogensen
Projects Manager



Katie Turnbull
Artist

As always, we look forward to seeing you at one of our events soon.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#). All donations are gratefully received and make a significant difference to our work.

Westminster event listings – July 2022

Memory Café South **Tues 5th July, 2.30pm – 4.30pm**

St. James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

Providing group based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: Saskia.Fentiman@candhealthcare.co.uk / Tel: **07783 166 398**.

Memory Café North **Weds 27th July, 2.30pm – 4.30pm**

42 Westbourne Park Road, W2 5PH

Providing group based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: Saskia.Fentiman@candhealthcare.co.uk / Tel: **07783 166 398**.

Maintenance Cognitive Stimulation Therapy (MCST) **Every Tues, 2pm**

Beethoven Centre, Third Avenue, W10 4JL

A supportive environment with activities to help maintain memory and mental function. For mild-moderate dementia. Call Clare Davies on **07498 469 737** / clare.davies@ageukwestminster.org.uk

Singing for the Mind **Every Thurs, 2pm**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org to learn more and to register.

Reminiscence Group **Tues 5th July, 1.30pm – 3.30pm**

Lord's Cricket Ground, St John's Wood Road, NW8 8QN

Join these monthly sessions for a friendly chat and light refreshments. **Please book** on **020 7616 8604** or email community@mcc.org.uk

Songhaven Concert **Sat 9th July at 3pm**

St Paul's Knightsbridge, 32a Wilton Pl, SW1X 8SH

Enjoy an uplifting live concert in one of London's most beautiful Victorian churches. **Please book** via the [Songhaven website](#) or call **020 7201 9999** / email songhaven@songhaven.co.uk

Resonate Creative Space **Mon 11th July, 2pm – 3.45pm**

St Anne's Church, 55 Dean Street, W1D 6AF

Come to our monthly meeting space for conversation and creative activity led by our resident artist. To book your free place, contact Shelley: **07483 320 510** / shelley@resonatearts.org

Heart of Westminster – Age UK Memory Café Westminster **Mon 18th July, 11am – 12:30pm**

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers to get together. Contact Clare Davies on: **07498 469 737** / clare.davies@ageukwestminster.org.uk

Video and Tea **Wed 27th July, 1:30pm – 4:30pm**

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Gigi' followed by a delicious tea including ice-cream. No need to book, tickets are £2 on the day. For more info contact **020 7286 5181**.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

Contact **0300 030 7212** or info@resonatearts.org

