

## Resonate Now – October 2022

Hello everyone!

It was brilliant to see many of you at our Summer Celebration recently, a chance to thank people who have attended our programme over the past year. We hope you all enjoyed it!



Our choir member, Euron, welcomed us into the magnificent space of St Peter's Church with a wonderful medley of tunes on the piano. Katie and Tony led our art activity – still life on paper plates featuring feathers and pompoms – resulting in a colourful pop-up gallery. There were musical moments of pure joy from the Singing with Friends choir, including spine-tingling performances of *Strangers in Paradise* (with a beautiful solo from Brian), *Shenandoah* and *Summertime*, and a fabulous finale from opera singer Maciek O'Shea who took us on a musical journey from Italian songs to Elvis and Dean Martin. To wrap it up, choir member Marietta cut the first slice of our big celebration cake with smiles all round.

We would like to thank you all for participating in our celebration and for creating such happy memories of the day. Huge thanks as well to our musicians, artists, volunteers and the staff at St Peter's Church – we couldn't have made it happen without you!

"It was so wonderful. I am so grateful for events like this. It was one of the best parties I have been to, the flowers, the cakes, the art, the singing. It was so fantastic. When we were singing I saw this lady and she was wiping away her tears. That was so very amazing. And we met all these people." (participant feedback).



If you couldn't make the party, why not try some of our autumn events below. Sign up now!

### Resonate Arts Events

**Silver Sunday at The Wallace Collection with Wigmore Hall, Sunday 2<sup>nd</sup> October, 12pm – 3:30pm** Join Resonate Arts and musicians from Wigmore Hall and the Royal Academy of Music for an afternoon of art, music making and discussion at the fabulous **Wallace Collection**. For people living with dementia and carers. Lunch provided. **Places are very limited, advance booking essential**. Call 0300 030 7212 or email: [info@resonatearts.org](mailto:info@resonatearts.org)

Our **Singing with Friends Choir** continues in-person at **Wigmore Hall (4<sup>th</sup>, 11<sup>th</sup> 18<sup>th</sup> October)** and online (**11<sup>th</sup> October**). There will be no session on Tuesday 25<sup>th</sup> October. Please get in touch if you would like to come along and join the choir.

Our monthly **Creative Space** art sessions take place at **St Anne's Church** in **Soho**, on the second Monday of the month. Come and join us if you fancy having a go at some creative arts in a friendly atmosphere. Next session: **Monday 10<sup>th</sup> October**, call us to book a place.

**Music for Thought** at **Wigmore Hall** runs for four weeks from **Thursday 27<sup>th</sup> October – Thursday 17<sup>th</sup> November** (afternoon). Join our fun, interactive sessions, listening to and making music with young artists from the Royal Academy of Music, guided by professional musicians. No musical experience necessary! **Places are very limited, advance booking essential**. Call us on 0300 030 7212 or email: [info@resonatearts.org](mailto:info@resonatearts.org) to book a place.

The next dementia-friendly **Music for the Moment** concert, in partnership with the Royal Academy of Music, takes place at **Wigmore Hall** on **Friday 4<sup>th</sup> November**. **Tea and cake from 2.30pm, concert starts at 3pm**. **Kyan Quartet**, winners of the 2021 RAM Wolfe Wolfensohn String Quartet Competition, will be performing. Please call us to join the event.

## Other News

**Arts 4 Dementia** run fun online art sessions for people with memory challenges and their companions. **Art Wednesdays** takes place **online every Wednesday, 2pm – 3pm (via Zoom)**. Guest hosts include artists and curators from the V&A, Science Museum and the Wallace Collection. To join, contact: [emily@arts4dementia.org.uk](mailto:emily@arts4dementia.org.uk) or call 020 3633 5401.

## Our ever radiant faces....



**Sofi Mogensen**  
Projects Manager



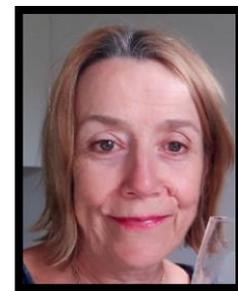
**Sam Curtis**  
Director



**Shelley Hastings**  
Projects Manager



**Katie Turnbull**  
Artist



**Jude Sweeting**  
Chair of Trustees

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#).

All donations are gratefully received and make a significant difference to our work.

## Westminster event listings – October 2022

### Memory Café South Tuesday 4<sup>th</sup> October, 2.30pm – 4.30pm

St James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

Providing group-based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: [Saskia.Fentiman@candhealthcare.co.uk](mailto:Saskia.Fentiman@candhealthcare.co.uk) / Tel: **07783 166 398**.

### Memory Café North Wednesday 26<sup>th</sup> October, 2.30pm – 4.30pm

42 Westbourne Park Road, W2 5PH

Providing group-based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: [Saskia.Fentiman@candhealthcare.co.uk](mailto:Saskia.Fentiman@candhealthcare.co.uk) / Tel: **07783 166 398**.

### Maintenance Cognitive Stimulation Therapy (MCST) Every Tuesday, 2pm

Beethoven Centre, Third Avenue, W10 4JL

A supportive environment with activities to help maintain memory and mental function. For mild-moderate dementia. Call Clare Davies on **07498 469 737** / [clare.davies@ageukwestminster.org.uk](mailto:clare.davies@ageukwestminster.org.uk)

### Singing for the Mind Every Thursday, 2pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact [sfm@ljs.org](mailto:sfm@ljs.org) or **020 7286 5181** to learn more and to register.

### Heart of Westminster – Age UK Memory Café Monday 3<sup>rd</sup> and 17<sup>th</sup> October, 11am – 12:30pm

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers to get together. Contact Clare Davies on: **07498 469 737** / [clare.davies@ageukwestminster.org.uk](mailto:clare.davies@ageukwestminster.org.uk)

### Reminiscence Sessions Tuesday 4<sup>th</sup> October, 1.30pm – 3.30pm

Lord's Cricket Ground, St John's Wood Road, NW8 8QN

Join these free monthly sessions for a friendly chat and light refreshments.

**Please book** on **020 7616 8604** or email [community@mcc.org.uk](mailto:community@mcc.org.uk)

### Songhaven Concerts

**Saturday 8<sup>th</sup> October, 3pm** Lumen URC, 88 Tavistock Place, WC1H 9RS. Tel. **020 7833 1080**

**Fri 28<sup>th</sup> October, 1.15pm** Holy Sepulchre London, Holborn Viaduct, EC1A 2DQ. Tel. **020 7236 1145**

Enjoy a free, dementia-friendly 45-minute concert featuring classic songs from stage and screen.

**Please book** via the [Songhaven website](#) or email [songhaven@songhaven.co.uk](mailto:songhaven@songhaven.co.uk)

### Resonate Creative Space Monday 10<sup>th</sup> October, afternoon

St Anne's Church, 55 Dean Street, W1D 6AF

Come to our monthly meeting space for conversation and creative activity led by our resident artist. **To book your free place**, contact Shelley: **07483 320 510** / [shelley@resonatearts.org](mailto:shelley@resonatearts.org)

### Video and Tea Wednesday 26<sup>th</sup> October, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Whisky Galore' followed by a delicious tea including ice-cream. No need to book, tickets are £2 on the day. For more info, contact **020 7286 5181**.

## Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

