

Resonate Now – June 2023

Hello everyone!

We hope you are keeping well.

Following the splendour of King Charles III's coronation, we thought we'd bring you some wonderful golden artwork from our Creative Space art group and news of an exciting Royal Collection Trust exhibition at Buckingham Palace – see page 2!



Our Creative Space participants had great fun recently, embossing patterns onto gold foils and experimenting with free-form poetry inspired by their creations: “Autumn leaves, volcano ash, smoke and water floating by, birds flying over in the Philippines, different kinds of trees.”



“Desert island with lapping sea, people waiting for a paddle, the sun is shining, an animal from historic days has been swimming for a very long time and has landed on this island...”
“A pot and a mountain and stars and the moon and the earth and the moon and the quarter moon.” “A circle that becomes a spiral and I will follow wherever it takes me...”

Resonate Arts Events

Our **Singing with Friends Choir** rehearsals take place on **Tuesday 6th, 13th, 20th & 27th June** in person at **Wigmore Hall** and **online via Zoom (6th & 20th June)**. For info and timings, please get in touch with Shelley on **0300 030 7212**.

Our **Creative Space** art sessions take place on the second Monday of the month at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be: **Monday 12th June, 2pm – 3.45pm**. Come along and enjoy some creative arts and conversation in a friendly atmosphere. For more info and to book your free place, contact Shelley on **0300 030 7212** or email: shelley@resonatearts.org

Our next **Creative Movement** session takes place on **Monday 26th June, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, playful movement (with balloons, shakers & scarves) for people living with dementia, their companions and carers. To book your free place, contact Shelley on **0300 030 7212** or shelley@resonatearts.org

The next dementia-friendly **Music for the Moment** concert, in partnership with the Royal Academy of Music, takes place at **Wigmore Hall (please note venue!)** on **Friday 30th June**. Enjoy a concert of vocal music from three Royal Academy of Music sopranos: Imogen Baker, Isabel Irvine and Francesca Pringle. **Tea and cake from 2.30pm, concert starts at 3pm.**

Other News

Discover Georgian Fashion at Buckingham Palace Tuesdays 6th June - 11th July, 11am - 1pm
The Queen's Gallery, Buckingham Palace, SW1A 1AA



Arts 4 Dementia and The Royal Collection are running a free 6-week programme at The Queen's Gallery exploring the new 'Style & Society: Dressing the Georgians' exhibition. Led by a top tour guide, each session will be based around a different theme and will end with a practical arts workshop led by textile artist Alice Burnhope. Refreshments and materials are provided. Suitable for people with early-stage dementia and their companions. Spaces are limited.

To register, please call Emily on **020 3633 5401** or email: emily@arts4dementia.org.uk

Workshop: Explore the Wallace Collection through Sound Tuesday 20th June, 2pm – 4pm

Join artist Nikki Gardham for a dementia-friendly creative workshop exploring the theme of sound, through shape and collage. Enjoy a relaxed afternoon at the Wallace Collection with tea and coffee provided. Companions/carers welcome. To book, or for more information, please contact Holly on **020 7563 9577** or community@wallacecollection.org

Our ever radiant faces....



Sofi Mogensen

Projects Manager



Sam Curtis

Director



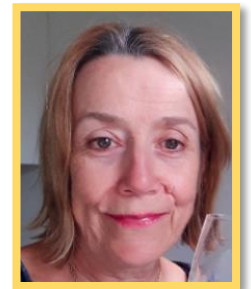
Shelley Hastings

Projects Manager



Katie Turnbull

**Memory Group
Project Manager**



Jude Sweeting

Chair of Trustees

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon at one of our events.

Best Wishes Sofi, Sam, Shelley, Katie and Jude

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Did you know you can support **Resonate Arts** by shopping online with [easyfundraising](#), which turns your shopping into free donations to our charity! You can also donate to us directly through [Kindlink](#).
All donations are gratefully received and make a significant difference to our work.

Westminster event listings – June 2023

Memory Café South Tuesday 6th June, 2.30pm – 4.30pm

St James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

Providing group-based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: Saskia.Fentiman@candhealthcare.co.uk / Tel: **07783 166 398**.

Memory Café North Wednesday 28th June, 2.30pm – 4.30pm

42 Westbourne Park Road, W2 5PH

Providing group-based support for people living with dementia and memory loss. Contact Dementia Advisor Saskia: Saskia.Fentiman@candhealthcare.co.uk / Tel: **07783 166 398**.

Maintenance Cognitive Stimulation Therapy (MCST) Every Tuesday, 2.30pm – 4.30pm

Penfold Community Hub, 60 Penfold Street, NW8 8PG

A supportive environment with activities to help maintain memory and mental function. For mild-moderate dementia. Call Jessica Thomas **07462 337390** jessica.thomas@ageukwestminster.org.uk

Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to learn more and to register.

Songhaven Concerts

Friday 9th June, 1.15pm Holy Sepulchre London, Holborn Viaduct, EC1A 2DQ. Tel. **020 7236 1145**

Saturday 17th June, 3pm St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**

Enjoy a free, dementia-friendly 45-minute concert with classic songs from stage and screen.

Book via the [Songhaven website](#), call **020 7201 9999** or email songhaven@songhaven.co.uk

Heart of Westminster – Age UK Memory Café Monday 19th June, 11am – 1pm

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers to get together. Call Jessica Thomas on **07462 337390** / jessica.thomas@ageukwestminster.org.uk

Reminiscence Sessions Tuesday 20th June, 1.30pm – 3.30pm (Entrance – Grace Gate)

Lord's Cricket Ground, St John's Wood Road, NW8 8QN

Join these free monthly sessions for a friendly chat and light refreshments.

Please book on **020 7616 8604** or email community@mcc.org.uk

Video and Tea Wednesday 28th June, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Kes' followed by a delicious tea including ice-cream. No need to book, tickets are £2 on the day. For more info, contact **020 7286 5181**.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or info@resonatearts.org