

## Resonate Now – June 2024

### Resonate Arts urgently needs donations!

Please visit our [online support page](#) or call **0300 030 7212** to see how to support us. All donations are gratefully received and make a significant difference to our work.

Hello everyone! We hope you are all keeping well.



As part of Dementia Action Week, we ran an information stall at the Dementia Action Alliance Expo Event at Kensington Town Hall in May, along with many other organisations who were there to talk about their services. We'd like to say a huge thank you to all of you who dropped by our stand for a chat and everyone who stayed on to do some drawing and clay activities with artist and Creative Befriender Maxine. We hope

you enjoyed it as much as we did. We were really impressed by all the brilliantly creative artwork you made during the afternoon. Come join us for more fun creative arts in June!

### Resonate Arts Events

Our weekly **Creative Dance & Movement** sessions take place on **Monday 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup> June, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle, friendly and playful movement class, chair-based if needed. To book your free place, please call Katie on **0300 030 7212** or email: [info@resonatearts.org](mailto:info@resonatearts.org)

Our **Singing with Friends Choir** rehearsals take place **in person at Wigmore Hall** on **Tuesday 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> June** and also **online (via Zoom) on Tuesday 4<sup>th</sup> & 18<sup>th</sup> June**. For more info, please call Shelley on **0300 030 7212**.

**Music for the Moment** – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 14<sup>th</sup> June** at **Wigmore Hall (note venue!)**. **Hugo Lau** (clarinet) and **Rebecca Whitehouse** (oboe) from the Royal Academy of Music will be performing. **Tea & cake from 2.30pm, concert starts at 3pm. Wheelchair spaces are limited! Please kindly let the box office know in advance if you use a wheelchair or have any other access requirements:** call **020 7935 2141** to book. For anyone who can't come, the concert will also be streamed online at: <https://www.wigmore-hall.org.uk/14June24>

**Creative Space Art** sessions take place at the **Salvation Army, Regent Hall, 275 Oxford Street, W1C 2DJ**. Our next session will be on **Monday 17<sup>th</sup> June, 2pm – 3.45pm**. To book your free place, please contact Shelley on **0300 030 7212** or [shelley@resonatearts.org](mailto:shelley@resonatearts.org)

## Other News

### **The Revellers Club at the Royal Albert Hall Thursday 6<sup>th</sup> June, 10.30am – 12pm**

North Circle Bar, Royal Albert Hall, Kensington Gore, SW7 2AP Free

Multi-arts project inspired by the Hall's vibrant history. Mischief and merrymaking will be encouraged in a fun environment where music is key. For people living with dementia and their carers. **Limited places!** Book on **020 7959 0540**, or [engagement@royalalberthall.com](mailto:engagement@royalalberthall.com)

### **Dementia Journeys Wednesdays – Saturdays, until Sat 22<sup>nd</sup> June, 11am – 6pm** Gallery 2, Science Gallery London, King's College London, Guy's Campus, Great Maze Pond, SE1 9GU

A free exhibition that powerfully presents the experiences of those who provide end of life dementia care. Stories of the carers are told through portrait photography by Allie Crewe, and comic strips by pioneering cartoonist, doctor and storyteller, Ian Williams, alongside interactive games. Info: <https://london.sciencegallery.com/sgl-events/dementia-journeys>

### **Creative Workshop: Embossing Tuesday 25<sup>th</sup> June, 2pm – 4pm**

The Wallace Collection, Manchester Square, W1U 3BN Free (tea & coffee provided)

Join artist Marie-Therese Ross for a dementia-friendly workshop, taking inspiration from the gilded decorations on the collection of furniture, incl. wardrobes by Charles Boulle and desks by Riesner. Create your own embossed decoration using thick aluminium foil. Carers and companions welcome. Must book: **020 7563 9577** / [community@wallacecollection.org](mailto:community@wallacecollection.org)

### **Closer Look Tours at the V&A Last Monday of the month (June – Nov), 2pm – 3.30pm**

Art Studio, Learning Centre, V&A South Kensington, Cromwell Road, SW7 2RL Free

Explore a wide range of objects and artworks from different collections at the V&A with an expert guide. Tours last 45-60 minutes, plus refreshments on arrival. For people living with early-stage dementia, their family & friends. Limited tickets! Book now: **020 7942 2000**, or via <https://www.vam.ac.uk/event/9QMbe8MPAJ/dementia-friendly-closer-look-tour-2024>

## Our ever radiant faces....



**Sofi Mogensen**

**Projects Manager**



**Sam Curtis**

**Director**



**Shelley Hastings**

**Projects Manager**



**Katie Turnbull**

**Projects Manager**

Please do get in touch if you would like to book a place for any of our activity listings.

We look forward to seeing you soon! Best wishes, Sofi, Sam, Shelley & Katie

You can contact **Resonate Arts** on: **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

## Westminster event listings – June 2024

### Memory Café South Tuesday 4<sup>th</sup> June, 2.30pm – 4.30pm

St James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

### Memory Café North Wednesday 26<sup>th</sup> June, 2.30pm – 4.30pm

42 Westbourne Park Road, Bayswater, W2 5PH

Providing group-based support for people living with dementia and memory loss.

Call London Care Westminster on **020 7723 5425** or email: [marco.sepe@candhealthcare.co.uk](mailto:marco.sepe@candhealthcare.co.uk)

### Maintenance Cognitive Stimulation Therapy (MCST) Weekly sessions, please call for info

St Marylebone Parish Church, 17 Marylebone Road, London NW1 5LT

A supportive environment with activities to help maintain memory and mental function. For mild to moderate dementia. To join, please call **020 3004 5610** / [dementia@ageukwestminster.org.uk](mailto:dementia@ageukwestminster.org.uk)

### Singing for the Mind Every Thursday, 2pm – 4pm (excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact [sfm@ljs.org](mailto:sfm@ljs.org) or **020 7286 5181** to learn more and to register.

### Songhaven Concerts

**Thursday 13<sup>th</sup> June, 12.15pm** Holy Sepulchre London, The National Musicians' Church, Holborn

Viaduct, EC1A 2DQ. Call **020 7236 1145** & leave a message, or <https://hsl.church/upcoming-events>

**Saturday 29<sup>th</sup> June, 3pm** St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**

Book online at <https://songhaven.co.uk/liveconcerts/> or email: [songhaven@songhaven.co.uk](mailto:songhaven@songhaven.co.uk)

### Heart of Westminster – Age UK Memory Café Monday 17<sup>th</sup> June, 11am – 1pm

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers

to get together. To join, please call **020 3004 5610**, or email: [dementia@ageukwestminster.org.uk](mailto:dementia@ageukwestminster.org.uk)

### Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Grace Gate)

**Reminiscence Session Tuesday 25<sup>th</sup> June, 1.30pm – 3pm** Friendly chat and refreshments.

**Music Session June date & time to be confirmed** Free music session with opera singer Maciek O'Shea – a mix of pop, folk & opera! To book, call: **020 7616 8604** / [john.donegan@mcc.org.uk](mailto:john.donegan@mcc.org.uk)

### Video and Tea Wednesday 26<sup>th</sup> June, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'Tea with Mussolini' followed by a delicious tea and ice-cream. No need to book, tickets £2 on the day. Wheelchair accessible. Call: **020 7286 5181**.

### Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or [info@resonatearts.org](mailto:info@resonatearts.org)

